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## Does Simple Steatosis Affect Liver Regeneration after Partial Hepatectomy in Rats?

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**Summary:** Aim: The aim of our study was to assess whether simple steatosis impairs liver regeneration after partial hepatectomy (PHx) in rats. Methods: Male Sprague–Dawley rats were fed a standard diet (ST-1, 10% kcal fat) and high-fat diet (HFD, 71% kcal fat) for 6 weeks. Then the rats were submitted to 2/3 PHx and animals were sacrificed 24, 48 or 72 h after PHx. Serum biochemistry, respiration of mitochondria in liver homogenate, hepatic oxidative stress markers, selected cytokines and DNA content were measured, and histopathological samples were prepared. Liver regeneration was evaluated by incorporation of bromodeoxyuridine (BrdU) to hepatocyte DNA. Results: HFD induced simple microvesicular liver steatosis. PHx caused elevation of serum markers of liver injury in both groups; however, an increase in these parameters was delayed in HFD group. Hepatic content of reduced glutathione was significantly increased in both groups after PHx. There were no significant changes in activities of respiratory complexes I and II (state 3). Relative and absolute liver weights, total DNA content, and DNA synthesis exerted very similar changes in both ST-1 and HFD groups after PHx. Conclusion: PHx-induced regeneration of the rat liver with simple steatosis was not significantly affected when compared to the lean liver.

**Keywords:** Fatty liver; Liver regeneration; Partial hepatectomy

### Introduction

The liver has a unique and remarkable capacity for self-renewal after its damage. This regenerative potential is essential for survival after liver injury induced by toxic substances, viral infections, metabolic and immune dysfunctions and in response to surgical removal of a part of liver tissue (1, 2). Liver regeneration is most commonly studied by performing partial hepatectomy (PHx); the classical model represents removal of 2/3 of the liver mass in rodents as described by Higgins and Anderson (3). Advantage of PHx model of liver regeneration in comparison with other regenerative stimuli is the absence of injury to the remnant of liver tissue after surgery. Liver regeneration after partial hepatectomy is a very complex and well-orchestrated process associated with signaling cascades involving growth factors, cytokines, matrix remodeling, several feedbacks of stimulation and inhibition of growth related signals, and metabolic changes (4–6). Nevertheless, the fully integrated understanding of the mechanisms involved in the regulation of liver regeneration remains to be elucidated. The signals responsible for initiation and especially termination of liver regeneration are not completely defined yet (7). The interest to understand liver regeneration pushes not only ambition to understand this unique process of well controlled tissue

proliferation but also clinical practice. Resection of liver for different reasons (primary and metastatic tumors, living donor of liver grafts for transplantation, etc.) has become a common clinical practice. The success of recovery and renewal of liver functions depends on the regeneration of the liver remnant. Pre-existing pathological abnormalities among which hepatic steatosis is one of the most frequent disorders may significantly deteriorate the course of liver regeneration after surgical resection and regeneration of steatotic graft after liver transplantation (8, 9).

Non-alcoholic fatty liver disease (NAFLD) is the most frequent hepatic disorder in the Western countries and its prevalence is still increasing (10). NAFLD refers to a wide spectrum of liver damages, ranging from simple steatosis to non-alcoholic steatohepatitis (NASH), advanced fibrosis, and cirrhosis. As described by Chalasani and coworkers the definition of NAFLD requires that firstly there is evidence of hepatic steatosis, either by imaging or by histology and secondly there are no causes for secondary hepatic fat accumulation such as significant alcohol consumption, use of steatogenic medication, or hereditary disorders (11).

NAFLD is associated with mitochondrial oxidative alterations (12), increased production of reactive oxygen and nitrogen species and decreased liver content of reduced glutathione (GSH) (13, 14). Accumulating evidence indi-

cates that mitochondrial dysfunction participates as a key player in the pathophysiology of NAFLD (15). Besides ultrastructural changes (16) and depletion of mitochondrial DNA (17, 18), mitochondrial dysfunction includes altered activities of respiratory complexes and decreased capacity for ATP synthesis (19, 20). Complex I (NADH:ubiquinone oxidoreductase) and complex II (succinate-ubiquinone oxidoreductase) are two respiratory complexes through which electrons enter respiratory chain. Their damage affects mitochondrial energy production and moreover dysfunction of complex I leads to considerable generation of reactive oxygen species (ROS).

There are several studies focused on regeneration of the liver affected by NAFLD with inconsistent results. There is evidence about impaired functional recovery and hepatocellular regeneration of the liver affected by steatosis after PHx in rats (21, 22). Similar results were found also in humans. Hepatic steatosis impairs liver regeneration as is reflected by the declining regeneration markers in patients with an increasing degree of steatosis (23). Patients with steatosis had an up to two-fold increased risk of postoperative complications, and those with excessive steatosis had an almost threefold increased risk of death after major hepatic resection (24). On the contrary other authors did not see impaired regenerative response of steatotic liver in rats after partial hepatectomy (25, 26). Cho and coworkers document that mild hepatic steatosis is not a major risk factor for hepatectomy, and that regenerative power is not impaired in living liver donors (27). To clarify the ability of steatotic liver to regenerate is important for clinical practice, e.g. for decision if the liver affected by NAFLD could be used for transplantation. The aim of our study was to evaluate whether simple steatosis affects the early course of liver regeneration after PHx. Important limiting step of liver regeneration is sufficient energy availability. Therefore we decided to assess in addition to the markers of liver injury and regeneration also oxygen uptake by mitochondria in liver homogenates.

## Materials and Methods

### *Experimental design*

Male Sprague–Dawley rats (AnLab, Prague, Czech Republic) with initial body weight of  $240 \pm 20$  g were used throughout the study. The rats were housed at  $22 \pm 2$  °C,  $55 \pm 10\%$  humidity, air exchange 10 times/h and 12 h light–dark cycle. The animals had free access to tap water and different diets as described below. In accordance with Czech legislation, all animals received care according to the guidelines set out by the Animal-Welfare Body of the Charles University, Prague, Czech Republic, and the International Guiding Principles for Biomedical Research Involving Animals and our study was approved by this committee and by the Ministry of Education, Youth and Sports (MSMT 18324/2008-30).

Rats were fed *ad libitum* a standard pelleted diet (DOS 2B, Velaz, Prague, Czech Republic; 10% energy fat, 30%

energy proteins, 60% energy saccharides, ST-1) or high-fat diet (HFD; 71% energy fat, 18% energy proteins, 11% energy saccharides) according to Lieber (28) modified by Kučera (14) for 6 weeks. Then the animals were submitted to 2/3 partial hepatectomy ( $n = 6$  in each group) (65–70% of the liver tissue was removed comprising left lateral and median lobules of the liver) described by Higgins and Anderson (3) or laparotomy (sham operation, LAP,  $n = 4$ ). Animals were sacrificed 24, 48 or 72 hours after PHx or LAP by exsanguination from aortic bifurcation and liver samples were collected for analyses. High-fat diet was prepared from ingredients purchased from MP Biomedicals (Solon, OH, USA). All chemicals, unless otherwise mentioned, were of analytical grade and were obtained from Sigma-Aldrich. After starvation for 14 h, the animals were sacrificed and liver and serum samples were taken. Samples for consequent evaluation were immediately frozen in liquid nitrogen and stored at  $-80$  °C until analysis.

### *Serum biochemical measurements*

Serum concentrations of total bilirubin, and activities of alanine aminotransferase (ALT), aspartate aminotransferase (AST) and alkaline phosphatase (ALP) were determined by routine laboratory methods (commercial sets, Roche Diagnostics) on Cobas Integra 800 (Roche Diagnostics) in the Institute for Clinical Biochemistry and Diagnostics, University Hospital in Hradec Králové.

### *Measurement of oxygen uptake by mitochondria in liver homogenate*

Rat liver tissue was homogenized as previously described and oxygen consumption in liver homogenate ( $n = 3-4$ ) was measured by a high-resolution respirometry using Oxygraph 2k (Oroboros Instruments, Innsbruck, Austria) (29, 30). The rate of oxygen consumption was evaluated using Oroboros DatLab 4 software and expressed as nmol oxygen/s/mg protein. Respiratory control index (RCI) for complex II substrates was calculated.

### *Determination of glutathione*

Liver homogenate was added into cold 10% metaphosphoric acid, shaken and centrifuged ( $20,000 \times g$ , 10 min, 4 °C). Glutathione in the supernatant was analyzed by a modified fluorimetric method (31, 32). Briefly, reduced (GSH) an oxidized (GSSG) glutathione was allowed to react with o-phthalaldehyde in phosphate buffer, and the fluorimetric detection was carried out ( $\lambda_{\text{ex}} = 340$  nm,  $\lambda_{\text{em}} = 420$  nm).

### *Determination of tissue triacylglycerols, cholesterol and DNA*

Lipids from rat livers were prepared using chloroform-methanol extraction (33). Total cholesterol and

triacylglycerols (TAG) were measured using commercial kits (Roche Diagnostics GmbH, Mannheim, Germany). DNA was determined by means of the diphenylamine reagent according to Burton (34).

#### **Determination of serum and liver tissue cytokines and hepatic malondialdehyde**

Liver samples were homogenized in RIPA buffer, centrifuged (10,000 ×g) and the supernatant was collected. Protein content in the sample was determined by the method of Bradford (35) using bovine serum albumin as a standard. Concentrations of liver interleukin-6 (IL-6) and transforming growth factor-β1 (TGF-β1) in the supernatant were measured by enzyme linked immunosorbent assay (ELISA) (BMS625, BMS623, Bender MedSystems, Vienna, Austria). Total tissue malondialdehyde (MDA) was analyzed using a slightly modified method of Pilz (36). Briefly, derivatization with 2,4-dinitrophenylhydrazine was performed after an alkaline hydrolysis, and subsequent reversed-phase high-performance liquid chromatography (Agilent, Palo Alto, CA, USA).

#### **Liver histology, bromodeoxyuridine staining and its quantification**

Liver samples were taken immediately after the rats were sacrificed and fixed by immersion in 4% neutral formaldehyde. Paraffin sections were stained with hematoxylin & eosin. Fat accumulation in hepatocytes was confirmed by staining of formaldehyde-fixed frozen liver sections with oil red.

The immunohistochemical analysis of bromodeoxyuridine (BrdU)-stained samples was performed on paraffin sections of liver tissue (6 μm thick) as described previously (37). Quantification of BrdU-positive nuclei was performed in at least 10 microscope fields (10× objective magnification) in each section using NIS-Elements AR 2.30 (Nikon, Lewisville, TX).

#### **Statistical analysis**

The results are expressed as the mean ± SD. Analyses were performed using Graph-Pad Prism 4.03 software (Graph Pad Software, San Diego, CA, USA). First, normality was tested by Kolmogorov-Smirnov test. In normal data, comparisons were made among the groups using ANOVA followed by Tukey-Kramer's post hoc test. In the case of non-Gaussian distribution, non-parametric Kruskal-Wallis test and Dunn's post hoc test were used. P < 0.05 was considered statistically significant. Because there were not significant differences between control non-operated groups and laparotomized groups in either ST-1 or HFD feedings, respectively, we do not present results of sham-operated groups.

### **Results**

#### **Serum characteristics**

As shown in table 1, PHx induced mild injury to the liver as documented by increased activities of ALT (24 h, p < 0.001), AST (24 and 48 h, p < 0.001 and 0.05, respectively) and ALP (24 and 48 h, p < 0.05) in ST-1 rats. In HFD animals, elevation of markers of liver injury was significantly delayed when compared to ST-1 (ALT 72 h, p < 0.05; ALP 48 and 72 h, p < 0.05 and 0.001, respectively; total bilirubin concentration 72 h, p < 0.05).

#### **Histological parameters**

Livers of rats fed by HFD showed simple microvesicular steatosis without inflammatory infiltrate, hepatocyte necrosis or fibrosis (data not shown). PHx induced regenerative response of hepatocytes which was visualized by staining of the incorporation of BrdU in hepatocyte DNA (Fig 1A-D). Semiquantitative analysis of BrdU-positive nuclei (Fig. 2) showed a peak DNA synthesis 24 hours after PHx in both

**Tab. 1:** Basal serum characteristics of the groups.

Serum characteristics	ST-1	ST-1 PHx 24h	ST-1 PHx 48h	ST-1 PHx 72h	HFD	HFD PHx 24h	HFD PHx 48h	HFD PHx 72h
ALT (μkat/l)	0.7 ± 0.1	<b>4.6 ± 3.3**</b>	2.2 ± 1.9	1.4 ± 0.4	0.9 ± 0.3	1.8 ± 0.5	1.2 ± 0.4	<b>2.5 ± 1.1<sup>#</sup></b>
AST (μkat/l)	1.9 ± 0.2	<b>7.7 ± 2.7**</b>	<b>4.4 ± 1.7*</b>	2.6 ± 0.5	2.2 ± 0.3	4.9 ± 1.9	3.2 ± 1.4	3.5 ± 1.2
ALP (μkat/l)	2.3 ± 0.4	<b>5.1 ± 1.8*</b>	<b>5.3 ± 2.2*</b>	4.0 ± 0.8	2.5 ± 0.4	4.8 ± 1.0	<b>5.3 ± 1.8<sup>#</sup></b>	<b>6.9 ± 1.2<sup>##, s</sup></b>
Total bilirubin (μmol/l)	1.8 ± 0.4	6.8 ± 5.0	7.3 ± 6.1	5.7 ± 1.6	1.8 ± 1.0	5.2 ± 1.2	5.3 ± 2.9	<b>6.0 ± 2.4<sup>#</sup></b>

The values represent the mean ± SD (n = 6). ALT – alanine aminotransferase, AST – aspartate aminotransferase, ALP – alkaline phosphatase, HFD – high fat diet, PHx – partial hepatectomy, ST-1 – standard diet. \* p < 0.05, \*\* p < 0.001 vs ST-1; <sup>#</sup> p < 0.05, <sup>##</sup> p < 0.001 vs HFD; <sup>s</sup> p < 0.05 vs corresponding ST-1 group.



ST-1 and HFD groups ( $p < 0.001$ ) with subsequent gradual decrease in BrdU incorporation (48 h,  $p < 0.001$ ; 72 h  $p < 0.001$ ). There were not differences between ST-1 and HFD group in DNA synthesis after PHx in any corresponding time interval. Nevertheless, zonal distribution of DNA synthesis was more pronounced in HFD groups lacking labeled cells in centrilobular zone.

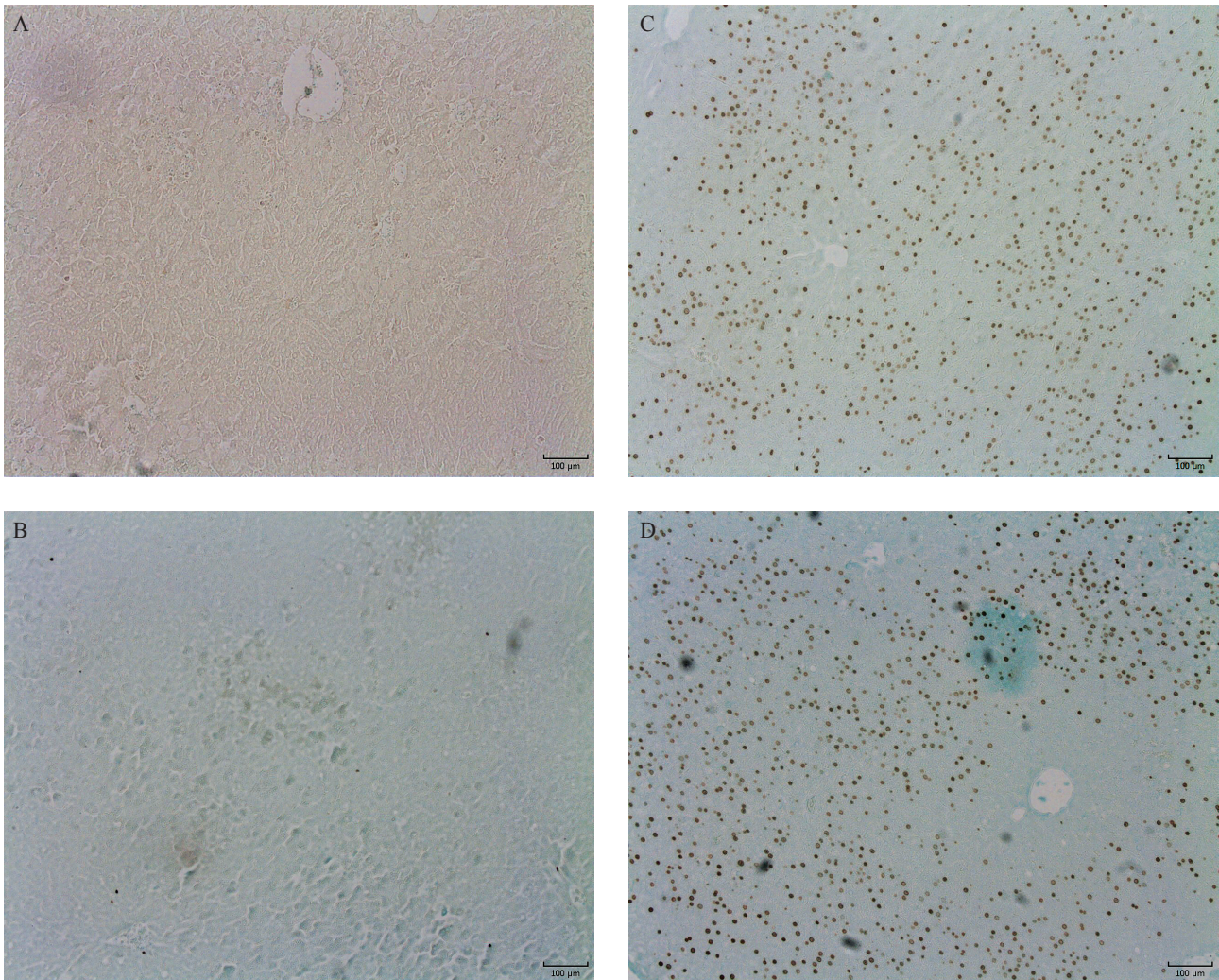
### *Liver characteristics*

Feeding with HFD induced significant accumulation of TAG ( $p < 0.05$ ) and cholesterol ( $p < 0.001$ ) in the liver (table 2). Accumulation of fat was confirmed by histological findings (oil red staining, data not shown). Although we did not observe inflammatory infiltration in the liver, fatty liver exerted increased markers of oxidative stress. Hepatic

amount of GSH was lowered ( $p < 0.05$ ) and MDA content was increased ( $p < 0.001$ ) when compared with non-steatotic controls (table 2). Other liver parameters (absolute and relative liver weights, IL-6, TGF- $\beta$ 1, content of DNA) did not significantly differ between ST-1 and HFD control groups.

Partial hepatectomy led to a significant decrease in absolute and relative liver weights, total and relative DNA contents in non-fatty and steatotic livers. In ST-1 group, PHx induced significant accumulation of TAG in the liver after 24 hours ( $p < 0.05$ ), whereas in HFD, PHx did not lead to additional increase in hepatic content of TAG. Hepatic cholesterol was significantly decreased 24, 48 and 72 hours after PHx only in HFD rats.

Regenerating liver exerted lowering of markers of oxidative stress when compared to corresponding controls.

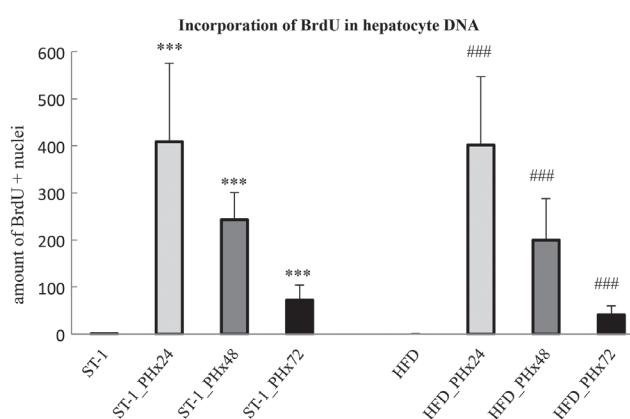


**Fig. 1:** Immunohistochemistry of BrdU incorporation in the liver. Samples of livers taken from control rats fed with ST-1 diet (1A) or HFD (1B) and from ST-1 (1C) and HFD (1D) animals 24 hours after PHx (ST-1 – control, HFD – high fat diet, PHx – partial hepatectomy). Objective magnification 10 $\times$ , bar 100  $\mu$ m.

**Tab. 2:** Basal liver characteristics of the groups.

Liver characteristics	ST-1	ST-1_PHx 24h	ST-1_PHx 48h	ST-1_PHx 72h	HFD	HFD_PHx 24h	HFD_PHx 48h	HFD_PHx 72h
Absolute liver weight (g)	11.0 ± 1.2	<b>5.7 ± 0.7**</b>	6.5 ± 0.7	7.2 ± 0.5	12.0 ± 2.5	<b>5.2 ± 0.5###</b>	7.5 ± 1.5	7.3 ± 1.0
Relative liver weight (% of body weight)	2.5 ± 0.1	<b>1.3 ± 0.1***</b>	1.6 ± 0.1	1.8 ± 0.1	2.6 ± 0.2	<b>1.3 ± 0.1###</b>	1.7 ± 0.2	1.9 ± 0.1
Liver triacylglycerols (mmol/kg)	7.0 ± 3.9	<b>50.0 ± 21.9*</b>	28.0 ± 8.2	26.2 ± 9.2	<b>48.3 ± 20.0*</b>	53.6 ± 18.5	60.4 ± 10.1	53.6 ± 9.7
Liver cholesterol (mmol/kg)	7.1 ± 2.0	9.0 ± 2.6	7.8 ± 0.9	8.2 ± 1.1	<b>31.8 ± 8.7***</b>	<b>19.0 ± 6.6###s</b>	<b>20.4 ± 4.9###,sss</b>	<b>15.1 ± 3.1###</b>
Liver GSH (mmol/kg)	15.1 ± 2.8	<b>21.6 ± 4.1**</b>	19.0 ± 2.1	17.4 ± 2.5	<b>9.6 ± 3.6*</b>	<b>16.6 ± 2.0##</b>	14.6 ± 2.8	<b>18.6 ± 1.0###</b>
GSH/GSSG ratio	9.4 ± 0.8	<b>10.8 ± 0.8*</b>	<b>10.7 ± 0.4*</b>	<b>11.4 ± 0.7***</b>	9.3 ± 1.0	10.0 ± 0.8	<b>10.9 ± 0.5#</b>	<b>12.8 ± 0.4###s</b>
Liver MDA (nmol/g liver)	28.2 ± 2.8	18.6 ± 5.3	11.1 ± 6.2	22.6 ± 1.9	<b>72.1 ± 17.9***</b>	<b>30.9 ± 14.0###</b>	<b>36.2 ± 11.8###,ss</b>	<b>47.5 ± 11.0###,ss</b>
Liver IL-6 (pg/mg protein)	14.6 ± 6.6	20.7 ± 2.0	20.4 ± 6.6	N/A	16.1 ± 4.6	<b>25.3 ± 2.4 #</b>	20.8 ± 3.9	N/A
Liver TGF-β1 (pg/mg protein)	15.7 ± 2.7	10.3 ± 1.3	10.6 ± 3.7	17.1 ± 5.6	16.3 ± 6.9	10.3 ± 3.2	10.7 ± 2.5	18.7 ± 5.0
DNA content (mg DNA/g liver)	1.7 ± 0.1	<b>1.2 ± 0.1*</b>	1.2 ± 0.4	1.7 ± 0.1	1.7 ± 0.1	1.2 ± 0.2	1.5 ± 0.6	1.5 ± 0.2
Total DNA content (mg DNA/liver)	18.6 ± 1.5	<b>6.8 ± 0.9***</b>	9.2 ± 3.2	12.5 ± 1.1	18.7 ± 1.8	<b>6.0 ± 0.8###</b>	9.2 ± 1.9	11.2 ± 2.1

The values represent the mean ± SD (n = 6). GSH – reduced form of glutathione, GSSG – oxidized form of glutathione, HFD – high fat diet, IL-6 - interleukin-6, MDA – malondialdehyde, PHx – partial hepatectomy, ST-1 – standard diet, TGF-β1 – transforming growth factor β1. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001 vs ST-1; # p < 0.05, ## p < 0.01, ### p < 0.001 vs HFD; \$ p < 0.05, \$\$ p < 0.01, \$\$\$ p < 0.001 vs corresponding ST-1 group.



**Fig. 2:** Quantification of BrdU-positive nuclei in histopathological liver samples of ST-1 and HFD fed animals in 24, 48 and 72 hours after PHx. HFD – high fat diet, PHx – partial hepatectomy, ST-1 – standard diet. \*\*\* p < 0.001 vs ST-1; ### p < 0.001 vs HFD.

Liver GSH was elevated 24 hours after PHx in ST-1 animals (p < 0.01) and 24 (p < 0.01) and 72 (p < 0.001) hours after PHx in HFD rats. Ratio of GSH to GSSG was increased in 24, 48 and 72 hours after PHx in ST-1 groups, and in 48 and 72 h in HFD. Hepatic MDA content was significantly decreased in all measured time intervals after PHx in HFD groups. A non-significant trend of liver MDA reduction after PHx was also observed in ST-1 groups.

An elevation of hepatic IL-6 level was induced by PHx in 24h interval in HFD (p < 0.05). A similar, non-significant increase in IL-6 was observed 24 h after PHx in ST-1 group. Liver content of TGF-β1 exerted a non-significant decrease 24 and 48 h after PHx in both ST-1 and HFD groups.

#### Respiration of mitochondria in liver homogenate

As shown in table 3, respiration of mitochondria in liver homogenate at state 3 showed only a non-significant trend of increased oxygen consumption after addition of substrates of

**Tab. 3:** Oxygen consumption of mitochondria in liver homogenate at state 3 and RCI.

Respiration	ST-1	ST-1_PHx 24h	ST-1_PHx 48h	ST-1_PHx 72h	HFD	HFD_PHx 24h	HFD_PHx 48h	HFD_PHx 72h
State 3 oxygen consumption at presence of complex I substrates	100.0 ± 23.7	145.0 ± 28.8	167.6 ± 58.7	91.4 ± 18.1	92.1 ± 36.6	160.6 ± 36.5	156.5 ± 19.9	58.4 ± 9.0
State 3 oxygen consumption at presence of complex II substrate	100.0 ± 24.9	104.9 ± 19.0	112.4 ± 33.2	85.0 ± 13.1	102.3 ± 2.4	103.7 ± 29.9	112.8 ± 30.6	100.3 ± 13.0
RCI at presence of complex II substrate	2.9 ± 0.6	5.5 ± 1.1	3.2 ± 0.3	2.1 ± 0.3	4.0 ± 0.6	5.8 ± 0.7	4.5 ± 1.2	2.3 ± 0.2

The values of respiration at state 3 represent the mean ± SD and are expressed in % where 100% is respiration of ST-1 control group. HFD – high fat diet, PHx – partial hepatectomy, RCI – respiratory control index, ST-1 – standard diet. n = 3–4.

respiratory complex I in both ST-1 and HFD groups 24 and 48 hours after PHx. There were not changes in respiration at state 3 of complex II PHx in any group. RCI of complex II showed a non-significant trend of an elevation 24 hours after PHx in both groups.

### Discussion

NAFLD is a frequent chronic liver disease and its worldwide prevalence continues to grow with the increasing incidence of obesity. The prevalence of NAFLD in Western countries is 20–30%; about 2–3% of the general population suffers from non-alcoholic steatohepatitis (38). Steatosis is taken as an important risk factor for postoperative complication after major hepatectomy in experimental conditions and in clinical practice (39, 40).

Nevertheless, there are controversial data concerning the course of regeneration of steatotic liver; some authors found impaired regeneration of the liver affected by NAFLD (41, 42) while others did not (25, 43). The reasons of such inconsistency could be explained by different models, various degrees of steatosis and diverse stages of NAFLD used for induction of steatosis. Most of earlier studies were based on genetic leptin mutations (ob/ob mice, Zucker rats) or on methionine- and choline-deficient diet which do not correspond well with the picture of simple steatosis in human.

Therefore we decided to use nutritional model of steatosis which we described in our previous paper (14). In present study feeding rats with HFD for six weeks caused simple microvesicular steatosis without inflammatory reaction or fibrosis. Liver steatosis was confirmed by the triacylglycerol (TAG) content in the liver, which was almost sevenfold greater in HFD group in comparison to control rats. It is commonly known that the transient hepatocellular fat accu-

mulation in the early phase of regeneration following PHx is required for physiological liver regeneration (44). Significantly increased TAG content in the liver 24 hours after PHx in rats fed with ST-1 is in good accordance with previous studies. In contrast to ST-1 fed animals, we did not observe any further changes in hepatic levels of TAG induced by partial hepatectomy in HFD rats.

Cell turnover in normal liver is very low and rate of hepatocyte DNA synthesis represents less than 0.1%. It is generally accepted that homeostatic liver renewal arises by replication of pre-existing hepatocytes rather than stem cell differentiation (45). It was repeatedly documented using [<sup>3</sup>H]-thymidine incorporation that the first hepatocytes to divide after PHx are periportal with the peak of DNA synthesis 18–20 hours after surgery (46, 47); DNA synthesis in centrilobular area is delayed by about 10 hours. BrdU labelling, widely used as a marker of proliferating hepatocytes, correlates well with the use of [<sup>3</sup>H]-thymidine (48). Our results of significant increase of BrdU incorporation after PHx in control rats is in good concordance with findings of others (1, 46, 47, 49). Proliferative response in rats with simple steatosis was not altered in comparison to controls. The only difference was more pronounced zonal distribution of labelled hepatocytes with almost lacking cells in centrilobular zone in HFD rats. This could be explained by delayed onset of regenerative response as result from zonal kinetics of hepatocyte proliferation. Centrilobular zone has the poorest oxygen supply and the lack of oxygen can be further potentiated by high-fat diet in this zone (13). In accordance with our results Vetelainen and co-workers have shown that mild steatosis induced by a methionine- and choline-deficient diet did not affect liver regeneration after PHx; however, mild steatosis impaired functional recovery and increased hepatocellular damage after liver resection (21). Interleukin-6



(IL-6) has been shown to play an important role in initiating liver regeneration via activating signal transducer and activator of transcription 3 (STAT3). The role of IL-6 dependent signalling during liver regeneration is attributed mainly to induction of acute phase response; serum levels of IL-6 in rats are elevated during the first hours after PHx preceding by hours increase of liver DNA synthesis (50). We found a trend of increasing liver IL-6 concentration after PHx in both control and HFD groups. Transforming growth factor beta1 (TGF- $\beta$ 1) signalling pathway exerts an antiproliferative effect on hepatocytes. It has been documented that TGF- $\beta$ 1 reversibly inhibits proliferative response after PHx and its signalling is inhibited in the early phase of liver regeneration (51). Our results fit their findings since we observed transient decrease of hepatic TGF- $\beta$ 1 content 24 and 48 hours after PHx in both groups.

Impaired redox balance and oxidative stress belong to critical mechanisms in the pathogenesis of NAFLD (52). In accordance with this, we found that feeding with HFD caused induction of hepatic oxidative stress as documented by decreased content of GSH and increased concentration of MDA in steatotic liver. Partial hepatectomy attenuated level of lipoperoxidation and elevated content of GSH in steatotic liver. Similar effect was also observed in ST-1 fed rats. The increase in hepatic GSH after PHx corresponds to previous observations of Riehle and Huang (53, 54) who concluded that GSH is required for normal course of liver regeneration. An increase in GSH in the regenerating liver is necessary for hepatocyte entering the S phase (54). Moreover, mice deficient in GSH synthesis have also impaired priming, delayed DNA synthesis and low level apoptosis after PHx (53). Although we did not observe any significant difference in BrdU labelling after PHx in steatotic livers, the potential delay in S phase in these livers (absence of BrdU staining in pericentral area 24 hours after PHx in fatty livers) could be caused by significantly lower GSH content. Nevertheless, fatty livers maintain ability to increase hepatic level of GSH in response to liver resection which may explain no difference in DNA synthesis between steatotic and non-fatty livers after PHx. An increase of GSH during regeneration corresponds to a decrease in lipid peroxidation in both fatty and non-steatotic livers.

Mitochondrial dysfunction plays an important role in the development of NAFLD (12). Moreover, increased mitochondrial production of ROS may participate on impaired redox balance in NAFLD. Although many authors proofed changes in the function of mitochondria in NAFLD (12, 19, 20, 55), we did not observe significant differences in RCI for complex II and in state 3 respirations in the presence of complex I or II substrates between ST-1 and HFD. PHx did not induce any significant changes in respiration in any group. However, oxygen consumption at state 3 in the presence of complex I substrates showed a trend of transient increasing respiration 24 and 48 hours after PHx in both lean and steatotic groups. Such increase in respiration at state 3 after PHx was not detected when complex II substrate was

used which corresponds with findings of Yang (56). We also observed a trend of transient increase in RCI at presence of complex II substrate in both groups 24 h after PHx which is in accordance with literature (56).

In summary, 2/3 partial hepatectomy-induced regeneration of the rat liver with simple microvesicular steatosis was not significantly affected when compared to the lean liver.

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## Association of Atrial Fibrillation with Morphological and Electrophysiological Changes of the Atrial Myocardium

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**Summary:** Atrial fibrillation (AF) is the most common sustained cardiac arrhythmia. For long time it was considered as pure functional disorder, but in recent years, there were identified atrial locations, which are involved in the initiation and maintenance of this arrhythmia. These structural changes, so called remodeling, start at electric level and later they affect contractility and morphology. In this study we attempted to find a possible relation between morphological (scarring, amyloidosis, left atrial (LA) enlargement) and electrophysiological (ECG features) changes in patients with AF. We examined grossly and histologically 100 hearts of necropsy patients – 54 with a history of AF and 46 without AF. Premortem ECGs were evaluated. The patients with AF had significantly heavier heart, larger LA, more severely scarred myocardium of the LA and atrial septum, and more severe amyloidosis in both atria. Severity of amyloidosis was higher in LAs vs. right atria (RAs). Distribution of both fibrosis and amyloidosis was irregular. The most affected area was in the LA anterior wall. Patients with a history of AF and with most severe amyloidosis have more often abnormally long P waves. Finding of long P wave may contribute to diagnosis of a hitherto undisclosed atrial fibrillation.

**Keywords:** Atrial fibrillation; Isolated atrial amyloid; Myocardial scarring; Electrocardiographic features; P wave

### Introduction

Atrial fibrillation (AF) is the most common sustained cardiac arrhythmia in the group of supraventricular arrhythmias (7, 11). Although it does not directly endanger the patient's life, it certainly cannot be regarded as benign. In the Czech Republic, AF is the commonest arrhythmia leading to hospitalization (16). There are several complications associated with AF, particularly thromboembolism, more common heart failure and poorer quality of life. Patients with AF have markedly increased mortality. In developed countries, the prevalence of AF is 1–2% (11). With ageing, its prevalence significantly rises. In the fifth decennium it is 1% and doubles in each sequential decennium, reaching more than 10% in octogenarians (7, 16). For subjects aged 40+ years, regardless of gender, the risk of AF is estimated at 25% (15).

AF is a complex arrhythmia. It affects a wide spectrum of individuals, both with and without structural heart diseases. The key risk factors for AF include, in addition to age, arterial hypertension, congestive heart failure and valvular diseases (7). In AF, the heart rhythm is not controlled by the sinoatrial node, but by multiple ectopic pacemakers in the atrial chambers, resulting in chaotic depolarization of atrial myocardium, which eventually becomes sustained by local

reentrant circuits. The most common site for triggering premature atrial contraction are foci in atrial walls, particularly in so called myocardial sleeves of pulmonary veins (7, 9, 10).

The key etiopathogenic factor of AF seems to be restructuring (remodelation) of the atrial myocardium leading to atrial conduction abnormalities. This remodeling starts at electric level and later it affects contractility and structure (1). The structural changes are both geometric – dilatation of the atria, and anatomo-histological – fibrosis and amyloidosis of atrial myocardium, particularly deposition of isolated atrial amyloid (IAA). The incidence of both AF and IAA is related to ageing (2, 7, 21). The dominant heart chamber for development of AF is the left atrium (LA); the right atrium (RA) plays a minor role. There exists a vicious circle – the once developed AF is self-worsening, as it leads to more structural rebuilding of the atrial myocardium and this is associated with progression of AF into its more sustained forms (19).

In this study, in cooperation with clinicians-cardiologists, we attempted to find possible relation between morphological changes of atrial myocardium and electrophysiological (ECG) abnormalities of atrial conduction, by comparing two groups of necropsy patients – those with AF and those without AF (control group). Particular attention was paid to cases with heavy amyloid infiltration of the atrial myocardium.



## Material and Methods

During 2007–2011 we examined 100 hearts of patients autopsied at the Fingerland Department of Pathology in Hradec Králové. The criteria required for inclusion in the study were patient's age 50–90 years, and an available ECG record from less than 3 months before death. The study was approved by the Ethical Committee of Faculty Hospital in Hradec Králové.

The total of 100 patients studied comprised two main groups – **AF group** – 54 patients with a history of AF, and **SINUS group** – 46 patients with a proved sinus rhythm. The groups were age- and sex-matched. The AF group was further subclassified into two subgroups: subgroup **AFF** – patients with AF present on their last ECG, and subgroup **AFS** – patients with a history of AF who, however, had sinus rhythm on their last ECG. Information regarding the type of AF was retrospectively obtained from the patient's clinical documentation. The **subgroup AFF** (n = 25) comprised patients with the following types of AF: 2 newly diagnosed, 2 paroxysmal, 4 persistent, 5 permanent, 7 described as “chronic”, and 5 not specified. Analogically, the **subgroup AFS** (n = 29) comprised patients with 6 newly diagnosed, 15 paroxysmal, 3 permanent, 3 described as “chronic”, and 2 not specified type of AF.

At gross examination of the formalin-fixed hearts attention was paid particularly to the LA. Its interior was measured in 3 dimensions and its volume calculated. Further, we related the LA volume to the patient's body surface area (BSA) by the Du Bois formula:  $BSA = (\text{body weight}^{0.425} \times \text{height}^{0.725}) \times 0.007184$ . This calculation is used in ultrasound examination of the heart to assess the LA size (17).

For histological examination, we obtained five samples from standard sites: RA, 3 samples from the LA – anterior wall (LAA), roof (LAR), and posterior wall (LAP), and interatrial septum (IAS). All samples were processed in a standard way and sections stained by haematoxylin and eosin, by Sirius red (Maldyk) for amyloid, and by Elastica – Van Gieson for fibrous scarring. The degree of IAA deposition in the atrial walls was semiquantitatively graded for each heart on a 0–3 scale according to the following criteria: grade 0 = not present or only small deposits; grade 1 = occasional fine fibers surrounding cardiomyocytes and/or deposited in the walls of small intramyocardial vessels; grade 2 = moderate deposits in the entire thickness of the myocardium; grade 3 = dense network of fibers and/or solid foci of amyloid.

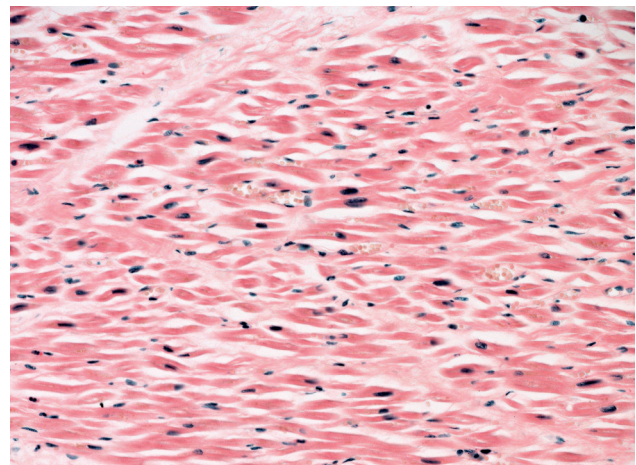
Similarly, the degree of fibrosis (scarring) was assessed: grade 0 = absence or focal loose interstitial fibrosis; grade 1 = mild diffuse interstitial fibrosis or few small solid foci; grade 2 = moderate degree of interstitial fibrosis or more solid foci in the entire thickness of the myocardium; grade 3 = severe interstitial fibrosis or large solid foci.

The patient's baseline 12 – lead ECGs, obtained in the supine position usually just prior to death with 25 mm/s and 10 mm/mV standardization, were screened by Vignendra Ariyaratjah, MD (Saint Boniface Hospital, Winnipeg, Man.,

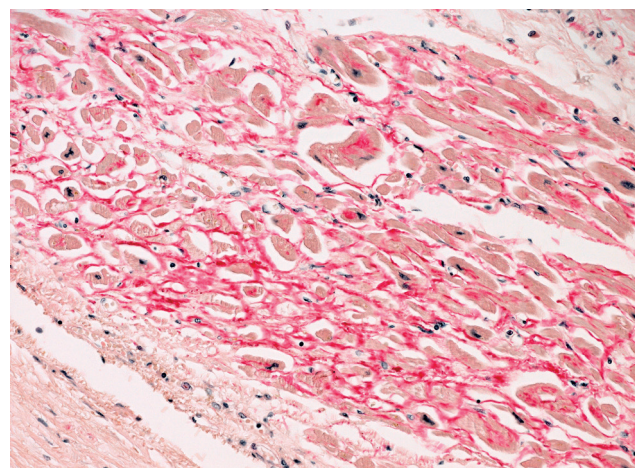
Canada) and Jiří Nový, MD (Hospital in Jičín, Faculty Hospital in Hradec Králové). ECGs were assessed with a calibrated, magnifying graticule, in the same way as in the previous study of Ariyaratjah et al. (2). The following parameters were assessed: P wave duration (P max, P min), P wave dispersion (P disp – difference in duration between the widest (maximum) and the narrowest (minimum) P wave), P wave axis (P axis), duration of QRS complex (QRS max, QRS min), QRS complex dispersion (QRS disp – difference between the widest and the narrowest QRS complex), and the heart electric axis (QRS axis).

All the results (gross LA parameters, grades of fibrosis and of amyloid deposition) were compared in the AF vs. SINUS groups, and also in both AF subgroups – AFF and AFS vs. SINUS, and AFF vs. AFS.

For evaluation of influence of the myocardial structural changes, particularly the infiltration by IAA on atrial conduction, we compared ECG findings of the group IAA grade 0



**Fig. 1:** Sirius red staining of left atrial anterior wall showing IAA grade 0 (amyloid is not present). Magnification 200×.



**Fig. 2:** Sirius red staining of left atrial anterior wall showing IAA grade 3 (dense network of amyloid fibers). Magnification 200×.



(fig. 1) with those of IAA grade 3 (fig. 2). (To increase specificity, the IAA groups 1 and 2 were omitted.) For this comparison we used samples from LAA. (In our previous study, this showed significantly most intense infiltration by amyloid (18).) In control cases with sinus rhythm we evaluated features of both P wave and QRS complex. In cases with AF, only QRS complex was evaluated.

The data obtained were evaluated statistically by multiple appropriate tests: two – sample t test, Mann – Whitney’s U test, Fisher’s LSD Multiple-Comparison Test, Kruskal-Wallis Multiple-Comparison Z-Value Test (Dunn’s Test), Fisher’s exact test or chi-square test of independence in contingency tables. Quantitative parameters were presented by median with 95% confidence interval. A value of  $p \leq 0.05$  was considered to be statistically significant.

## Results

Our series of 100 subjects comprised 51 men and 49 women. In the main AF group (54 subjects), there were 29 men and 25 women, with median of age 75 (70–77) years; in the control group SINUS (46 subjects), there were 22 men and 24 women, with median of age 66 (62–74) years. The AF subgroups AFF and AFS comprised 25 subjects (13 men and 12 women) with median of age 74 (69–76) years, and 29 subjects (16 men and 13 women) with median of age 76 (68–80) years, respectively. Baseline characteristics of the groups obtainable at the time of autopsy (age, gender, presence of systemic hypertension, diabetes mellitus, coronary artery disease, mitral stenosis or artificial heart valves) are presented in table 1. Hypertension, diabetes mellitus and mitral valve disease occurred more frequently in patients with AF. Statistically significant difference between groups

was obvious only in age ( $p = 0.03$ ) and systemic hypertension ( $p = 0.01$ ).

There were significant differences ( $p < 0.001$ ) in heart weight between the AF and control group; in the AFs the median heart weight was 525 g (480–590 g), while in controls 420 g (390–490 g). Also comparison of the two AF subgroups (AFF, AFS) with the control group showed statistically significant differences ( $p < 0.001$ ). This was most marked with the AFF where the median heart weight was 560 g (470–680 g).

Statistically significant difference between the two main groups ( $p = 0.002$ ) was noted in the LA volume related to body surface; subjects with AF had more voluminous LA: median 87 (79–101) ml than those with sinus rhythm: median 66 (60–76) ml. The same applied to the subgroups AFF and AFS vs. SINUS ( $p = 0.004$ ). The most significant difference was between AFF: median 92 (79–114) ml and controls.

Histological examination showed significantly more severe myocardial fibrosis in all samples of LA walls and interatrial septum in the AF group when compared to controls. In the RA, however, the difference was not statistically significant. Most severe scarring was observed in the AFF subgroup (tab. 2a).

Similar differences were noted in the degree of myocardial deposition of amyloid. More severe amyloidosis was observed in the AF than in the SINUS group, with the AFF subgroup most affected (tab. 2b).

In all groups the severity of amyloid deposits was higher in the LA compared to the RA. In majority of the evaluated areas the difference was statistically significant, except for two comparisons, however, even there the difference was obvious (tab. 3).

**Tab. 1:** Baseline characteristics of the groups.

	SINUS (n = 46)	AF (n = 54)	AFS (n = 29)	AFF (n = 25)	p value
Age (median with 95% confidence interval), years	66 (62–74)	75 (70–77)	76 (68–80)	74 (69–76)	0.03*
Gender – Male/Female	22/24	29/25	16/13	13/12	0.82
Systemic hypertension	32 (70)	50 (93)	26 (90)	24 (96)	0.01*
Diabetes mellitus	16 (35)	24 (44)	12 (41)	12 (48)	0.55
Coronary artery disease <sup>1</sup>					0.42
≤ 25%	19 (41)	11 (20)	6 (21)	5 (20)	
26–50%	8 (17)	15 (28)	9 (31)	6 (24)	
51–75%	4 (9)	9 (17)	5 (17)	4 (16)	
> 75 %	15 (33)	19 (35)	9 (31)	10 (40)	
Mitral stenosis	6 (13)	10 (19)	7 (24)	3 (12)	–
Artificial mitral valve	0 (0)	3 (6)	3 (10)	0 (0)	–

All values represent numbers of patients with percentages in parentheses unless indicated otherwise.

n = number of hearts in individual group or subgroup. <sup>1</sup> Degree of atherosclerotic luminal stenosis at autopsy.

\*  $p \leq 0.05$  considered as significant difference.

**Tab. 2:** Two – sample and three – sample comparison of atrial myocardial structural changes.

a) Severity of scarring in particular areas of the atria.

SCARRING	AF (n = 54)	SINUS (n = 46)	<i>p</i>	AFS (n = 29)	AFF (n = 25)	SINUS (n = 46)	<i>p</i>
RA	1.46	1.46	<i>n.s.</i>	1.62	1.28	1.46	<i>n.s.</i>
LAA	1.72	1.11	<i>0.004</i>	1.55	1.92	1.11	<i>0.010</i>
LAR	1.70	1.04	<i>&lt; 0.001</i>	1.48	1.96	1.04	<i>&lt; 0.001</i>
LAP	1.59	1.15	<i>0.001</i>	1.45	1.76	1.15	<i>0.001</i>
IAS right	1.26	0.74	<i>0.001</i>	1.21	1.32	0.74	<i>0.003</i>
IAS left	1.63	1.07	<i>0.010</i>	1.45	1.84	1.07	<i>0.006</i>

b) Severity of amyloid infiltration in particular areas of the atria.

AMYLOID	AF (n = 54)	SINUS (n = 46)	<i>p</i>	AFS (n = 29)	AFF (n = 25)	SINUS (n = 46)	<i>p</i>
RA	1.56	0.98	<i>0.002</i>	1.34	1.80	0.98	<i>0.001</i>
LAA	2.39	1.59	<i>0.005</i>	2.31	2.48	1.59	<i>0.030</i>
LAR	1.77	1.22	<i>0.007</i>	1.72	1.83	1.22	<i>0.052</i>
LAP	2.02	1.22	<i>0.003</i>	2.00	2.04	1.22	<i>0.023</i>
IAS right	0.70	0.50	<i>0.003</i>	0.69	0.72	0.50	<i>0.003</i>
IAS left	1.96	1.48	<i>0.010</i>	1.97	1.96	1.48	<i>n.s.</i>

The tables show average grades of scarring and amyloid infiltration in the heart atria. For statistical evaluation, the Fisher's exact test and chi-square test of independence in contingency tables were used. A value of  $p \leq 0.05$  was considered to be statistically significant. n = number of hearts; n.s. = no significant difference.

**Tab. 3:** Comparison of right vs. left atrial amyloidosis in individual groups.

AMYLOID	RA	LAA	<i>p</i>	IAS right	IAS left	<i>p</i>
SINUS (n = 46)	0.98	1.59	<i>0.001</i>	0.50	1.48	<i>&lt; 0.001</i>
AF (n = 54)	1.56	2.39	<i>0.003</i>	0.70	1.96	<i>&lt; 0.001</i>
AFS (n = 29)	1.34	2.31	<i>n.s.</i>	0.69	1.97	<i>&lt; 0.001</i>
AFF (n = 25)	1.80	2.48	<i>0.050</i>	0.72	1.96	<i>n.s.</i>

The table shows average grades of amyloidosis in particular areas of heart atria. For statistical evaluation, the Fisher's exact test and chi-square test of independence in contingency tables were used. A value of  $p \leq 0.05$  was considered to be statistically significant. n = number of hearts; n.s. = no significant difference.

The severity of both myocardial fibrosis and amyloidosis was compared in the three systematically examined sites of the left atrium (LAA, LAP and LAR). While severity of fibrosis was not significantly different, amyloidosis showed statistically significant differences ( $p < 0.025-0.001$ ) in all groups (AF, SINUS, AFF and AFS) – it was most intense in the LA anterior wall, followed by LA posterior wall and the roof of the LA.

To check possible impact of structural changes of atrial myocardium on its conduction properties we compared ECG characteristics of the group with no amyloid (grade 0) with the one with most severe amyloidosis (grade 3). Thus, we evaluated 62 ECG records (16 with IAA grade 0 and 46 with IAA grade 3). Of the total 62 cases, 39 featured sinus rhythm, and 23 AF. There was no statistically significant dif-

ference in any of the parameters followed between AF and the control group (tab. 4). Further, we examined frequency of the abnormally long P waves ( $P_{max} \geq 120$  ms) between the groups IAA 0 and IAA 3. Long P waves were seen mostly in the IAA 3 group. When comparing this parameter in the subgroup AFS and the controls, long P waves were clearly more common in subjects with history of AF (46% vs. 14%) (tab. 5).

## Discussion

Currently, it is generally accepted that AF has a morphological basis and is associated with remodeling of the atrial myocardium (1, 21, 23). This remodeling is based on myocardial injury of various pathogenesis. The two main

**Tab. 4:** Comparison of ECG features in IAA 0 vs. IAA 3.

<b>P wave</b>	<b>IAA 0 (n = 12)</b>	<b>IAA 3 (n = 27)</b>	<b>p</b>
<b>P max (ms)</b>	100 (90;120)	100 (80;120)	0.459
<b>P min (ms)</b>	55 (40;80)	60 (50;70)	0.836
<b>P disp (ms)</b>	40 (30;50)	40 (30;50)	0.356
<b>P axis (°)</b>	50 (30;70)	50 (45;70)	0.417
<b>QRS complex</b>	<b>IAA 0 (n = 16)</b>	<b>IAA 3 (n = 46)</b>	<b>p</b>
<b>QRS max (ms)</b>	105 (90;120)	100 (90;100)	0.682
<b>QRS min (ms)</b>	65 (50;80)	70 (60;80)	0.490
<b>QRS disp (ms)</b>	40 (30;50)	30 (20;30)	0.067
<b>QRS axis (°)</b>	25 (-40;60)	0 (-5;20)	0.442

The tables show median values of ECG characteristics with a 95% confidence interval. A value of  $p \leq 0.05$  was considered to be statistically significant. n = number of hearts.

**Tab. 5:** Comparison of “long P wave” frequency in IAA 0 vs. IAA 3, and in AFS vs. SINUS.

<b>P max <math>\geq</math> 120 (ms)</b>	<b>IAA 0 (n = 12)</b>	<b>IAA 3 (n = 26)</b>
<b>Total (12/38)</b>	3 (25)	9 (35)
<b>AFS (9/19)</b>	1	8
<b>SINUS (3/19)</b>	2	1
	<b>AFS (n = 26)</b>	<b>SINUS (n = 31)</b>
<b>P max <math>\geq</math> 120 (ms)</b>	12 (46)	4 (14)

The values given show numbers of cases with “long P wave” (with percentages in parentheses). n = number of hearts of particular group with evaluable ECGs. Disregarded were patients with either artificial heart rhythm, or recent myocardial infarction.

key factors capable of modifying myocardial structure and function in AF seem to be atrial tachycardia with a high rate of cell depolarization, and volume/pressure overload of LA leading to increased atrial wall stretch (3, 4). These factors are probably responsible for early electrophysiological changes which often precede frank clinical manifestation of AF. In the affected myocardium, the changes are not only electrophysiological but also contractile and particularly structural (1).

These atrial depolarization abnormalities based on atrial myocardial restructuring appear as an arrhythmogenic substrate for development and eventually sustaining of AF. And AF, once established, becomes progressive. It induces further structural changes and worsens the accompanying heart diseases (arterial hypertension, valvular diseases, heart failure etc.), leading to further progression of atrial myocardial injury. This vicious circle is responsible for progression of paroxysmal AF into its more progressive forms (4, 22).

The most frequently cited structural change of atrial myocardium is interstitial fibrosis which interferes with atrial conduction (1, 4, 21). The fibrosis is more or less irreversible, and it seems that the only way how to effectively prevent its formation or progression is antiarrhythmic treatment of AF and treatment of the accompanying heart diseases.

In accordance with findings presented in recent review article by Corradi (4), we showed that patients with AF have significantly more advanced fibrosis in the LA and atrial septum than controls. This, however, did not apply for the RA, where there was no difference in fibrosis between AF and controls. Most severe fibrosis was present in the AFF subgroup, i.e. in patients mostly with a long history of AF, recorded also on the last ECG. This finding is in accordance with results of papers by Kuppahally et al. (13) and by Platonov et al. (20) assessing degree of left atrial myocardial fibrosis in patients with a long history of AF. The former study was based on non-invasive diagnostics by MRI, the latter, like our study, on necropsy histology. Interestingly, Platonov state that in their cohort of patients who died of cardiovascular causes, the extent of fibrosis was not associated with age, but was significantly correlated with AF presence, severity, and duration. They suggest that age-related increase in fibrosis extent does not reach the magnitude of changes observed in AF and age-related changes per se are unlikely to be the sole cause of advanced fibrosis underlying AF.

Another structural change related to development and sustaining of AF is atrial myocardial amyloidosis, in particular the isolated atrial type (IAA). Its precursor – atrial natriuretic peptide (ANP) is normally present in the atrial myocardial interstitium (4).

In our study, we showed that patients with AF, compared to controls, had significantly more severe amyloidosis at all the sites examined. The most severe degree was found in the AFF subgroup. Similar finding was made by Röcken et al., who examined right atrial appendages resected during cardiac surgery (21).

Distribution of amyloid deposits in the atrial walls was irregular, with statistically significant differences. The order of severity was LAA–LAP–LAR. This findings corresponds with that of Šteiner et al. (23), who showed in a study of 100 necropsy patients most severe amyloidosis in the LA anterior wall, particularly in patients with a history of AF. In our study, we also showed different grade of amyloidosis in the atria; the LA was more involved than the RA. This finding corresponds with that of Šteiner et al. (23) and of Leone et al. (14).

Irregular distribution of structural and ultrastructural findings (interstitial fibrosis, distribution of capillaries and cardiomyocyte ultrastructural changes) in the atrial walls was reported by Corradi et al. (3, 4) who showed most advanced findings in the LA posterior wall in comparison with LA appendage.

Other morphological changes followed in our study were heart weight and LA volume. The hearts of patients with AF were significantly heavier (more hypertrophied) than control

hearts. The heaviest hearts were noted in AFF subgroup. Clinical studies, understandably, evaluate rather LA size and its relation to fixation of AF and its progression into the more sustained forms. Kerr et al. (12) who studied a group of 757 patients with paroxysmal AF concluded that LA enlargement is an independent risk factor for AF progression into the “chronic form”. Similarly Pillarisetti et al. (19) studying a group of 437 patients demonstrated that in patients with valvular disease and enlarged LA paroxysmal AF has a tendency to get fixed. The relation of LA dilatation to AF was documented in a number of clinical studies by means of ultrasound, magnetic resonance or computed tomography. Also large population studies demonstrate that LA size is closely related to AF progression, e.g. the Framingham study, which prospectively followed up adults after routine surveillance M-mode echocardiograms, showed that left atrial size is an independent risk factor for the subsequent development of AF with a hazard ratio of 1.39 for every 5-mm incremental increase in left atrial size (22). Prospective ultrasound studies showed that AF itself leads to LA dilatation. So, a next vicious circle in etiopathogenesis of AF is completed (4).

Our findings in necropsy patients correlate with the above cited clinical studies. Patients with AF had significantly larger left atria than controls. The largest atria were observed in patients with AF present on their last ECG record before death (AFF).

To assess a possible relation of structural changes of atrial myocardium to conduction characteristics (P wave, QRS complex), we compared the group with most severe amyloidosis (IAA 3) with that with no amyloid detected (IAA 0). There was no difference in either characteristics. This findings is in accordance with that of Ariyarajah et al. (2). On the other hand, Röcken et al. (19), examining RA appendages resected during cardiac surgery in 245 patients, showed that presence of amyloid correlates with P wave length. He deduced that amyloid deposits interfere with atrial conduction properties.

In our comparison of the IAA 3 vs. IAA 0 we have, however, noticed one interesting finding concerning length of the P wave. (Normal P wave length is 110 ms). In the IAA 3 group, frequency of the long P wave ( $\geq 120$  ms) was 35%, while in the IAA 0 it was 25%. Vast majority of these long P wave cases came from hearts with fibrillation subgroup AFS. When comparing the AFS subgroup (composed primarily of cases with newly diagnosed or paroxysmal AF) and the controls with sinus rhythm, we noticed a marked difference in incidence of long P waves: 46% in AFS vs. 14% in controls. Thus, it seems that in patients with AF, who actually present with sinus rhythm, it is more probable that on this ECG there will be an abnormally long P wave than in patients with no history of AF. As we did not find any difference in length of P wave in patients with severe amyloidosis of the atrial myocardium compared to those with no amyloid, we speculate that elongation of P wave is due to dilatation of the LA rather than to the structural change.

Again, the question appears, what is the role of IAA in pathogenesis of AF? Seemingly, amyloid is not a strong predictor of AF and at the same time, AF does not belong to main risk factors for development of amyloid. We must also take into account that IAA is generally much more common than AF – the prevalence of AF in octogenarians is approximately 10%, while that of IAA at this age is almost 90%. The finding that patients with AF have markedly more severe amyloidosis than control patients with sinus rhythm seems to indicate that the effect of AF on the presence of amyloid has a character of modulation rather than of direct formation. There seems no doubt that IAA is a structural change closely related to AF. Fibrillar forms of ANP induce apoptosis and the amyloid deposits impair contractility and conduction properties of cardiomyocytes. Thus, atrial amyloidosis is yet another of vicious circles accompanying AF. Presence of amyloid predicts AF, and, at the same time, AF increases severity of amyloid deposits (21).

**Study limitations.** We are aware that particularly the clinical part of our study carries several limitations. Firstly, there is a non-uniformity in classifying the arrhythmia in the clinical documentation. Although in most cases the AF is clearly specified, there are other with a rather vague statement of “chronic AF”, or even no specification of AF at all.

Certain limitation regards also evaluation of the ECG records. We did not take into consideration individual patient’s medication with its possible influence on the ECG parameters. And we had to disregard several ECGs because of artifacts, myocardial infarction, or artificial stimulation.

There is also certain limitation regarding the slightly lower average age of control (sinus) patients compared to those of the study (AF) group. However, when comparing certain parameters between study group and more precisely age-matched but in number significantly reduced control group (35 instead 46 subjects), the results were comparable. This fact is consistent with already cited claim of Platonov et al. (20) that atrial myocardial structural abnormalities are related to presence and duration of AF, and not to the patient age. It seems, that lower average age of control patients led also to higher presence of cardiovascular diseases in AF group compared to control group. We are aware of fact, that higher prevalence of systemic hypertension could affect the severity of structural changes of atrial myocardium in AF group. But still, when using for comparison more precisely age-matched reduced control group, the results were comparable. (There were 14 (30%) patients of control group without history of systemic hypertension, when disregarded patient younger than 68 years old than only 3 (7%) patients remained.)

## Conclusion

Our study of necropsy patients showed that patients with a history of atrial fibrillation have, in comparison with those with sinus rhythm, more hypertrophied heart, more volumi-



nous left atrium, more scarring of left atrial myocardium, and more deposits of isolated atrial amyloid. Distribution of atrial myocardial fibrosis and amyloidosis was irregular; the most affected region was left atrial anterior wall.

Correlation of atrial morphology with ECG records revealed an interesting finding – in patients with more severe atrial amyloidosis and history of atrial fibrillation, with sinus rhythm recorded on their last ECG, there is a tendency for prolongation of the P wave, when compared with controls. Thus, finding of long P wave may contribute to diagnosis of a hitherto undisclosed atrial fibrillation.

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## Improvement of Anaemia in Patients with Primary Myelofibrosis by Low-Dose Thalidomide and Prednisone

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**Summary:** Background: A combination of low-dose thalidomide and corticosteroids is a treatment option for anaemic patients with primary myelofibrosis (PMF) who are not eligible for allogeneic hematopoietic stem cell transplantation. Methods: We describe the outcomes of 13 patients with PMF treated with thalidomide 50 mg daily in combination with prednisone 0.5 mg/kg daily. Treatment responses were seen in 10/13 (77%) patients with a median onset of therapeutic effect at 4 weeks (range 3–7 weeks) after treatment initiation. Improvements of anaemia and thrombocytopenia and reduction in splenomegaly were observed in 70%, 38%, and 30% of patients, respectively. Four of six initially transfusion-dependent patients became transfusion independent following the therapy. The median duration of treatment response was 18 months (range 3–35 months). The treatment was well tolerated, with only one patient discontinuing therapy due to toxicity. Responders included both patients with and without JAK2 V617F, and included patients with both newly diagnosed and longstanding PMF. Conclusions: Our retrospective analysis confirmed that the therapy with low-doses thalidomide with prednisone in patients with PMF achieves significant response rate in anaemia with low treatment toxicity.

**Keywords:** Primary myelofibrosis; Immunomodulatory agents; Thalidomide; Treatment

### Introduction

Primary myelofibrosis (PMF) is a clonal disorder of haematopoiesis from the group of Philadelphia-negative myeloproliferative diseases. The median survival of patients with PMF is approximately 3.5 to 10 years depending on the presence of risk factors such as higher age, anaemia, blasts in peripheral blood, and constitutional symptoms. The International Prognostic Scoring System (IPSS) and the Dynamic IPSS (DIPSS) are used to stratify patients into risk groups and to select appropriate treatment (1–4).

Younger patients (<65–70 years) with advanced disease should be considered for allogeneic haematopoietic stem cell transplantation (HSCT). HSCT remains the only curative treatment option for PMF (5–11). In contrast, conventional treatments are intended to influence the main symptoms of PMF resulting from splenomegaly and anaemia and to maintain or improve the quality of life but have no or minimal impact on the survival of patients. Anaemia is often the most disabling symptom of PMF, being present in about 20% of patients at diagnosis and in up to 50% of patients after 3.5 years of disease duration. Various drugs including danazol and erythropoietin have been proposed for the treatment of anaemia in the past but are usually ineffective for PMF-associated anaemia (12, 13).

Immunomodulatory drugs (IMiDs) such as thalidomide, lenalidomide, and pomalidomide have recently been shown to improve anaemia associated with PMF. These agents exhibit pleiotropic effects, reducing the levels of cytokines (transforming growth factor-beta, platelet-derived growth factor), inhibiting angiogenesis (vascular endothelial growth factor, basic fibroblastic growth factor), and triggering immunomodulation (increased production of T cells and NK cells). Other mechanisms of action that may be beneficial in patients with PMF include the induction of apoptosis by inhibition of nuclear kappa B (NF  $\kappa$ -B) and by activation of the caspase-8 death receptor pathway (14). Thalidomide and pomalidomide have also been found to be potent regulators of erythropoiesis, promoting the survival of erythrocyte progenitors and increasing the expression of foetal haemoglobin (HbF) (15).

Several groups have published reports on treatment of PMF using thalidomide at different doses ranging from 50 to 800 mg per day. Improvements of anaemia in these studies have been achieved in 16 to 70% of patients. However, up to 50% of patients receiving higher doses of thalidomide had to discontinue the treatment due to adverse events. In an effort to reduce the toxicity, we have explored a treatment regimen using low-dose thalidomide (50 mg daily) in combination with prednisone (0.5 mg/kg/day). The treat-

ment produced significant clinical benefit with markedly low toxicity (16–22).

## Patients and Methods

Thirteen patients (10 men, 3 women) were treated with low-dose thalidomide with prednisone in the period from 11/2005 to 7/2015 at our institution. All patients had a primary form of PMF. The median age was 66 years (range 52–81 years) and 5/13 (38%) patients were positive for JAK2V617 mutation. The median time from diagnosis to the start of thalidomide treatment was 22 months (range 1–156 months).

Symptoms resulting from progressive anaemia were the reason for treatment initiation in all patients. Six patients were transfusion-dependent prior to the onset of therapy. In all cases, patients received no previous therapy for PMF. Initial median values at the start of treatment were as follows: haemoglobin 8 g/dL (range 6–9 g/dL), platelet count  $182 \times 10^9/L$  (range  $15\text{--}650 \times 10^9/L$ ), leukocyte count  $5.93 \times 10^9/L$  (range  $2.64\text{--}13.6 \times 10^9/L$ ), and the median initial palpable spleen size was 10 cm below the costal margin (range 1–15 cm).

Treatment with thalidomide 50 mg daily and prednisone 0.5 mg/kg/day was administered for at least 3 months and was then discontinued if no therapeutic effect was seen. After 3 months of treatment, the dose of prednisone was gradually tapered to a maintenance dose of 5 to 10 mg/day in patients with ongoing treatment.

Therapeutic responses were evaluated according to the International Working Group – Myeloproliferative Neoplasms Research and Treatment (IWG-MRT) and European Leukemia Net (ELN) criteria (23).

## Results

Therapeutic responses were achieved in 10/13 (77%) patients. According to the IWG-MRT criteria, five patients achieved partial remission (PR) and further five patients clinical improvement (CI). Peripheral blood parameters of patients after 3 months of treatment were as follows: median haemoglobin 9.9 g/dL (range 8–10.6 g/dL), median platelet count  $251 \times 10^9/L$  (range  $87\text{--}1020 \times 10^9/L$ ), median leukocyte count  $6.31 \times 10^9/L$  (range  $4.01\text{--}18.67 \times 10^9/L$ ). In 5/13 (38%) patients, there was an increase in platelet count  $\geq 50\%$  of the initial values and 4/13 patients (30%) had a reduction in spleen size of  $\geq 50\%$  compared to the initial size. Transfusion dependence resolved in 4/6 initially transfusion-dependent patients.

In accordance with published data, the treatment responses occurred rapidly, after median treatment duration of only four weeks (range 3–7 weeks). The median duration of response was 15 months (range 3–35 months). Responders included both patients with and without JAK2 V617F, and included patients with both newly diagnosed and long-standing PMF.

Summary of patient characteristics and treatment responses is shown in Table 1.

**Tab. 1:** Characteristics for 13 patients with PMF treated by low-dose thalidomide with prednisone.

Sex	Age	DIPSS	JAK2 status	Time from diagnosis (months)	Transfusions requirement	Time to response (weeks)	IWG-MRT response	Response duration (months)	Adverse events	Reasons of withdrawal therapy
F	52	High	neg	156	no	5	PR	35	–	HSCT
F	76	High	pos	22	yes	4	PR	34	neuropathy	death (CV reason)
M	66	High	neg	3	yes	6	CI	25	–	lack of effect
M	55	High	neg	30	yes	4	CI	3	neutropenia gr. II, pneumonia	adverse events
F	57	High	neg	146	no	3	CI	5	constipation	HSCT
M	69	High	neg	9	yes	–	SD	–	–	
M	64	Int-2	neg	54	no	–	SD	–	–	
M	79	High	neg	1	no	5	CI	14	–	lack of effect
M	72	High	pos	1	no	3	PR	10	–	lack of effect
M	81	High	pos	3	yes	3	PR	12	neuropathy, tiredness	continuing
M	68	High	pos	6	yes	–	SD	–	–	
M	57	Int-1	pos	108	no	6	PR	20	tiredness	continuing
M	59	Int-1	neg	39	no	3	CI	20	–	continuing

Haematological toxicity led to treatment discontinuation in a single patient who developed grade 2 neutropenia with infection, and even in that patient anaemia had improved. No thrombotic complications were seen. Antithrombotic prevention was not routinely applied but was administered in one elderly patient with cardiovascular risk factors. Non-haematological toxicity was observed in four patients, including two cases of grade 1–2 neuropathy with worsening of chronic constipation in one of the two patients, and fatigue in two other patients. The reason for treatment discontinuation was allogeneic unrelated transplantation in two patients. In three cases, treatment was discontinued after 9, 14, and 25 months, respectively, because of the loss of therapeutic effect. One patient died of a cardiovascular cause unrelated to PMF (end stage of heart failure).

## Discussion

Several series and case studies have been published on the possible use of IMiDs therapy in patients with PMF. The first experience was published in 2001 by Barosi et al. (16), reporting on a group of 21 patients treated with an initial thalidomide dose of 100 mg daily and gradually increased to 400 mg daily. Therapeutic responses were achieved in 13 patients (62%), including improvement of anaemia, thrombocytopenia, and reduction of spleen size in 43%, 67%, and 31% of patients, respectively. However, 91% of patients discontinued the treatment within 6 months due to toxicity or lack of treatment response.

Elliott et al. (17) used thalidomide in a dose of 200–400 mg daily in a series of 15 patients with similar results, achieving improvements of anaemia and thrombocytopenia, and reduction in spleen size in 20%, 60%, and 25% of patients, respectively. Again, premature treatment discontinuation was required in 80% of patients.

In the largest study ( $n = 63$ ) to-date which was published in 2004 by Marchetti et al. (18), the doses of thalidomide ranged from 50 to 400 mg daily. In 11 patients (26%), the treatment had beneficial effect on anaemia, including eight patients who became transfusion independent. Improvements in thrombocytopenia occurred in 22% of patients and a reduction in spleen size in 19% of patients. The median tolerated dose of thalidomide in this study was 100 mg daily, and only 13% of patients tolerated a higher dose. Despite this relatively low dose of thalidomide, a high proportion of patients (49%) discontinued the therapy due to toxicity during the first six months after its initiation.

The cohort published by Thomas et al. (19) included 44 patients who received thalidomide in a dose of 100–800 mg daily. Treatment responses were achieved in 41% of patients, with 20% patients experiencing improvement of anaemia and 21% of thrombocytopenia, and

31% a reduction in spleen size. These studies have shown that although intermediate and high doses of thalidomide may accomplish some clinical objectives, they are generally poorly tolerated. In these studies, haematological

toxicity prompted treatment discontinuation in 25–91% of patients. The obvious way forward was to explore the effect of low-dose thalidomide and look for possible combination regimens.

In 2003, Mesa et al. (20) published a paper describing the effect of thalidomide 50 mg daily and 30 mg of prednisone given daily over three months in a group of 21 patients. An increase in haemoglobin was observed in 70% of patients and 40% of patients became transfusion independent. Improvements in platelet counts occurred in 75% of patients but only 19% of patients had a reduction in spleen size. The response usually persisted even after gradual discontinuation of corticosteroids. In this study, only 5% of patients discontinued treatment due to adverse events.

Similar results were obtained in a 2008 study by Weinkove et al. (21), in which 15 patients were treated with thalidomide 50 mg daily and 13 of them also received concomitant prednisone 30–60 mg daily. The responses evaluated according to the European Network for Myelofibrosis (EUMNET) criteria (24) were as follows: 27% of patients achieved a major response, 7% a moderate response, and 33% a minor response, while 27% had no treatment response. Only three patients discontinued treatment because of toxicity. The median time to best response was 7.5 weeks (range 2–15 weeks).

Another recent work using a combination of thalidomide with corticosteroids was published in 2011 by Thapaliya et al. (25). Their cohort included 50 patients with PMF divided into three arms. All patients received 50 mg of thalidomide with low-dose corticosteroids. The first subgroup received no additional treatment, cyclophosphamide 25 mg daily was added to the second group, and etanercept 25 mg twice weekly was added in the third subgroup. Therapeutic responses were achieved in 28% of patients and the response rates were similar in all three study arms, suggesting no benefit of cyclophosphamide or etanercept. Improvement of anaemia was the most commonly observed type of response, occurring in 22% of patients, while 8% of patients had a reduction in spleen size. The median duration of response reached 8.5 months. A possible synergistic action of corticosteroids may potentiate the cytotoxic effect of IMiDs, reducing the levels of some interleukins and possibly decreasing the toxicity of IMiDs treatment.

Several studies have been published on the treatment of PMF with IMiDs other than thalidomide (lenalidomide, pomalidomide) (26–29). In studies, lenalidomide has been associated with the lower response rates and higher toxicity (myelosuppression). The response rates achieved with pomalidomide are similar to those of thalidomide, ranging from 19 to 30%. The principal disadvantage of pomalidomide is the high cost of treatment and the risk of myelosuppression which can occur in as many as 25–88% of patients. In 2010, the first results were published of a multicentre study using pomalidomide 2 mg/day plus placebo, pomalidomide 2 mg/day plus prednisone, pomalidomide



0.5 mg/day plus prednisone and prednisone plus placebo (29). Response rates for clinical improvement in anaemia were 23%, 16%, 36% and 19% in the four arms. The results of this trial demonstrated once again that the best effect in PMF can be expected with the combination of low-dose IMiDs with prednisone.

## Conclusion

Our retrospective analysis confirmed that therapy with low-doses thalidomide with prednisone in patients with PMF achieves significant response rate in anaemia with low treatment toxicity. A clinically meaningful increase in haemoglobin levels was observed in 10/13 (77%) patients. The onset of response was very rapid and the median duration of response was 15 months. Responders included both patients with and without JAK2 V617F. The use of low-dose IMiDs in combination with corticosteroids thus represents a valid therapeutic option for patients with PMF who are not eligible for allogeneic HSCT.

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## Carrier Molecules and Extraction of Circulating Tumor DNA for Next Generation Sequencing in Colorectal Cancer

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**Summary:** The aims of the study were: *i*) to compare circulating tumor DNA (ctDNA) yields obtained by different manual extraction procedures, *ii*) to evaluate the addition of various carrier molecules into the plasma to improve ctDNA extraction recovery, and *iii*) to use next generation sequencing (NGS) technology to analyze *KRAS*, *BRAF*, and *NRAS* somatic mutations in ctDNA from patients with metastatic colorectal cancer. Venous blood was obtained from patients who suffered from metastatic colorectal carcinoma. For plasma ctDNA extraction, the following carriers were tested: carrier RNA, polyadenylic acid, glycogen, linear acrylamide, yeast tRNA, salmon sperm DNA, and herring sperm DNA. Each extract was characterized by quantitative real-time PCR and next generation sequencing. The addition of polyadenylic acid had a significant positive effect on the amount of ctDNA eluted. The sequencing data revealed five cases of ctDNA mutated in *KRAS* and one patient with a *BRAF* mutation. An agreement of 86% was found between tumor tissues and ctDNA. Testing somatic mutations in ctDNA seems to be a promising tool to monitor dynamically changing genotypes of tumor cells circulating in the body. The optimized process of ctDNA extraction should help to obtain more reliable sequencing data in patients with metastatic colorectal cancer.

**Keywords:** Carrier; Extraction; Circulating tumor DNA; Next generation sequencing; Real-time PCR

### Introduction

In mammalian cells, deoxyribonucleic acid saving genetic information is located in nucleus and mitochondria. Low amounts of genomic DNA are released into the blood plasma as cell-free DNA (cfDNA) with a median half-life of 16 minutes (1). In healthy subjects, the cfDNA concentration usually ranges between 0 ng/mL and 100 ng/mL. This corresponds to 0–15,150 genome equivalents per mL (GE/mL) (2). Numerous studies reported elevated cfDNA in pregnancy (fetal DNA), inflammation, autoimmune diseases, acute rejection of transplants, sepsis, or cancer (3–6), where circulating tumor-derived DNA (ctDNA) could reach hundreds of ng/mL (2, 7). In metastatic patients with increased ctDNA, the overall two-year survival rate of 48% was described (8).

Cell-free DNA is formed by 100–200 bp chromosomal fragments with the appropriate length of 311 nm (9). These short fragments were found in the plasma of both patients with malignancies or benign polyps, and/or healthy individuals (10, 11). Integral DNA molecules in plasma, on the other hand, originate from leukocytes or viable circulating tumor cells (12).

Previously published papers showed that somatic mutations in the *KRAS* (Kirsten rat sarcoma viral oncogene homolog) gene are often present in ctDNA of individuals suffering from pancreatic or gastrointestinal tumors (13). The mutations in *KRAS* codons 12, 13, and 61 were observed in plasma of one-fourth of metastatic cases, and an 80–86% mutation match between primary tumor tissues and ctDNA was demonstrated (14, 15).

Since the determination of the mutation status in the tumor tissue is necessary for the indication of targeted biological treatment of metastatic colorectal cancer, a panel of mutations tested in *KRAS* and other genes is being completed. In their analysis, sensitive investigation methods including real-time PCR, digital PCR, COLD PCR, reverse hybridization strips, or next generation sequencing have been applied. In this context, a clinical benefit of ctDNA testing is considered, as well. A reliable analytical process, however, requires relatively high volumes of plasma and the highest ctDNA concentrations in extracts possible.

The aims of the study were: *i*) to compare ctDNA yields obtained by four different manual extraction procedures, *ii*) to evaluate the addition of various carrier molecules

into the plasma to improve ctDNA extraction recovery, and *iii*) to use next generation sequencing (NGS) technology to analyze *KRAS*, *BRAF* (B-raf proto-oncogene), and *NRAS* (neuroblastoma rat sarcoma viral oncogene homolog) somatic mutations in ctDNA from patients with metastatic colorectal cancer.

## Material and Methods

### Subjects

Venous blood with EDTA (9–10 mL) was obtained from thirty-two patients of the Department of Oncology, University Hospital in Hradec Králové who suffered from metastatic colorectal carcinoma. The experimental group consisted of 17 men and 15 women with a median age of 72 years (range 60–83 years). The diagnosis of metastatic disease was based on computer tomography examination. The standard clinical and histopathological classification of tumors was performed, including molecular analysis of *KRAS*, *BRAF*, and *NRAS* in formalin-fixed paraffin-embedded (FFPE) tumor tissue specimens. Histological verification of metastatic lesions was not required. The collections were performed with their informed consent.

### Extraction of ctDNA

Within 1 h after collection, the blood specimens were centrifuged at 1300 g at 25 °C for 10 min; 2–3 mL supernatant (part I) was used for the preparation of pooled plasma. Consequently, 800 µL pooled plasma aliquots were spun at 12,000 g at 4 °C for 10 min. The 750 µL supernatant was transferred into a new plastic tube and stored at –20 °C. For ctDNA extraction, the following methods were used according to the manufacturer's instructions adapted to a 750 µL plasma volume: QIAamp DNA Mini Kit (the spin protocol for DNA purification from blood or body fluids; Qiagen, Germany), QIAamp DSP Virus Spin Kit (Qiagen, Germany), NucleoSpin Plasma XS Kit (Macherey-Nagel, Germany), and Agencourt Genfind v2 Kit (Beckman Coulter, USA). The elution volume of TRIS-EDTA buffer was 35 µL. All extractions were performed in hexaplicates.

To evaluate the effectiveness of the used extraction procedures for short (<200 bp) and longer (200–500 bp) ctDNA fragments, 10 µL of GeneScan 500 LIZ Dye Size Standard (Applied Biosystems, UK) was added into another tube with the aliquot, and co-extracted along with ctDNA molecules. Then, fragmentation analysis in the ABI 3130 Genetic Analyzer (Life Technologies, USA) followed. The recovery of fragments was determined by their normalization to the longest (500 bp) fragment and expressed in percentages.

In second part of the study, the following amounts of carriers were added into the 750 µL pooled plasma aliquots: *i*) 17 µg carrier RNA (Qiagen, Germany), *ii*) 4 µg polyadenylic acid (poly(A); Roche Diagnostics, Germany), *iii*) 100 µg ultrapure glycogen (Invitrogen, USA), *iv*) 40 µg

linear acrylamide (Invitrogen, USA), *v*) 40 ng yeast tRNA (Invitrogen, USA), *vi*) 40 ng ultrapure salmon sperm DNA (Invitrogen, USA), and *vii*) 40 ng herring sperm DNA (Promega, USA). After that, the extraction process with the NucleoSpin Plasma XS kit was performed as above. The extractions were carried out in hexaplicates, as well.

The third part of the study was focused on individual plasma specimens of the patients. From their residual 1–2 mL plasma (part II), a 750 µL supernatant was obtained as described above. After the addition of 4 µg polyadenylic acid, the extraction of ctDNA was carried out *via* the NucleoSpin Plasma XS kit. The extracts were stored at –80 °C until analysis.

### Analysis of ctDNA extracts

Each extract was characterized by quantitative real-time PCR (Rotor-Gene 6000, Corbett Research, Australia) of the *POLR2A* housekeeping gene (gb Genetic Human DNA kit, Generi Biotech, Czech Republic). Using serial dilutions of Generi Biotech Standard Human Positive Control (20 ng/µL), a calibration curve ranging from 1 to 10,000 ng/mL was constructed, and ctDNA amounts in the extracts were determined.

For deep targeted NGS analysis, we used the Somatic 1 Master Kit (Multiplicom, Belgium) which enables molecular diagnostics based on multiplex *BRAF*, *KRAS*, and *NRAS* full exon amplifications (in total 30 amplicons with lengths of 168–255 bp) carried out in the MiSeq sequencing system (MiSeq Reagent Kit v2, 2x250 output; Illumina, USA). Analysis with amplicon-specific tagged primers was performed according to the manufacturer's instructions with 7 µL of ctDNA extracts. As the wild-type control, 7 µL of ctDNA of two healthy subjects were included into each NGS run.

The presence of the mutations in ctDNA was validated by reverse hybridization strip assays: *KRAS* 12/13/61 StripAssay, *BRAF* StripAssay, and *NRAS* XL StripAssay (ViennaLab, Austria). The findings were finally compared with results of the FFPE tumor tissue analysis of the patients performed with the same technology in the frame of the routine diagnostic process. The established sensitivity of the strip technology for the variants was 1%.

### Bioinformatical analysis

The secondary sequencing data analysis was initiated by generating raw binary base call files (BCL) from gray scale images of each cluster. For demultiplexing the samples, Illumina *MiSeq Reporter* with a set up mismatch of 0 for each barcode was used. Paired FASTQ files were aligned to the reference Human genome HG19 by Burrows-Wheeler Algorithm (BWA) with the binary alignment map (BAM) output format. Variants were detected by Illumina *Somatic Variant Caller Algorithm* performed as a part of secondary analysis performed by *MiSeq Reporter* (MSR). The final variant calling format (VCF) files were annotated using an Illumina

**Tab. 1:** Concentrations of ctDNA and recoveries of fragments differing in size.

Extraction	DNA concentration Mean (SD) ng/mL	Recovery of fragments*				
		75/500 bp %	100/500 bp %	200/500 bp %	300/500 bp %	400/500 bp %
QIAamp Mini	163 (24)	32	59	89	99	99
Nucleospin	448 (48)**	77	87	95	99	100
DSP Virus	539 (154)**	45	77	98	99	100
Agencourt	223 (69)	0	0	0	32	93

\* 500 bp fragments were used as referent; SD standard deviation; \*\*  $P < 0.001$

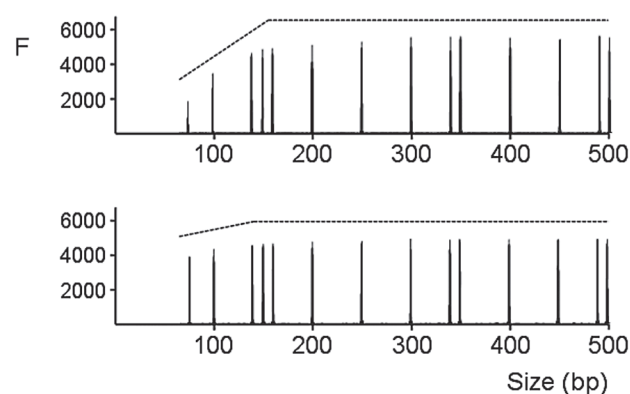
*Variant Studio* online tool and visualized in the *Integrative Genomics Viewer* (IGV, Broad Institute of Massachusetts Institute of Technology and Harvard, USA). The detection threshold for mutations was set at 1%. The minimal read depth for detecting pathogenic variants was 100 bases at the given position.

### Statistical analysis

Concentrations of ctDNA were evaluated by using the Student *t* test. The normality of values was evaluated by the Shapiro-Wilk *W* test. Differences were considered to be statistically significant when  $P < 0.05$ .

## Results

The concentrations of ctDNA in pooled plasma extracts are demonstrated in Table 1. The highest levels of ctDNA were obtained by using the QIAamp DSP Virus Spin (the mean value 539 ng/mL) and NucleoSpin Plasma XS (448 ng/mL) kits. In these extracts, the ctDNA amounts were

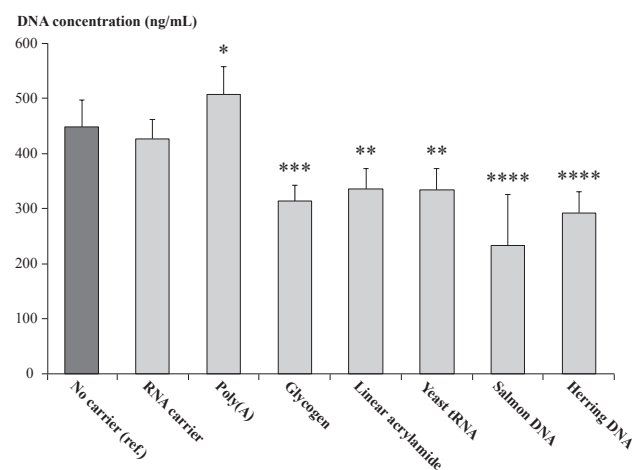


**Fig. 1:** Extraction recoveries of DNA fragments of GeneScan 500 LIZ Dye Size Standard when added into human plasma and extracted with the QIAamp DSP Virus Spin Kit (upper part) and the NucleoSpin Plasma XS Kit (lower part). Lengths of fragments: 75, 100, 139, 150, 160, 200, 250, 300, 340, 350, 400, 450, 490 and 500 bp. F is fluorescence. The latter extraction procedure showed lower losses of the fragments in the range of 75–200 bp.

more than twofold higher than those from the QIAamp Mini Kit (163 ng/mL,  $P < 0.001$ ).

The procedures used differed in terms of the spectrum of DNA fragments extracted. The NucleoSpin method provided the highest extraction efficiency for fragments  $< 200$  bp, in which most ctDNA molecules are contained. The Agencourt kit revealed a satisfactory recovery only for DNA fragments longer than 400 bp. Electroferograms for the NucleoSpin Plasma XS and QIAamp DSP Virus Spin fragments are demonstrated in Figure 1.

Figure 2 illustrates the influence of the carrier molecules added into plasma before the Nucleospin extraction procedure. Only the addition of 4  $\mu$ g polyadenylic acid had a significant positive effect on the amount of ctDNA eluted ( $P < 0.05$ ). The other carriers had none (carrier RNA), or even a negative effect (glycogen, linear acrylamide, yeast tRNA, salmon or herring sperm DNA) on the ctDNA yield. The Nucleospin technology, efficiency of which was enhanced by polyadenylic acid, was further used for individual ctDNA extractions from the thirty-two plasma specimens of the patients. In the extracts, the levels of ctDNA ranged from 50 to 580 ng/mL with a median value of 260 ng/mL.



**Fig. 2:** Concentrations of ctDNA in the NucleoSpin extracts in relation to the used carrier molecule. DNA concentrations are expressed as means and standard deviations; \*  $P < 0.05$ , \*\*  $P < 0.01$ , \*\*\*  $P < 0.002$ , \*\*\*\*  $P < 0.001$ .



The following NGS analysis was successful in all cases; 100% bases in the exons were sequenced bi-directionally. We achieved NGS run metrics as follows: cluster density 678 K/mm<sup>2</sup>; total number of reads 14.1 millions; pass filter reads 13.2 millions; mean number of reads 0.5 million per sample; average amplicon coverage 15,000-fold; and the total amount of basecalls >Q30 was 86.0%.

The sequencing data revealed five cases (16%) of ctDNA mutated in *KRAS*. Three patients were mutated in *KRAS* codon 13 (the mutation c.38G>A, p.Gly13Asp, rs112445441 in all three specimens), one in *KRAS* codon 12 (c.35G>T, p.Gly12Val, rs121913529), and another one in *KRAS* codon 61 (c.182A>G, p.Gln61Arg, rs121913240). In *BRAF*, one subject (3%) was found to have p.Val600Glu activating mutation (c.1799T>A, rs113488022). No mutations in the *NRAS* gene were obvious. The results of the ctDNA NGS analysis agreed with those obtained by the reverse hybridization technique, and with the data on FFPE, except one subject with tumor tissue mutated in *KRAS* codon 12 (c.34G>A, p.Gly12Ser, rs121913530) and negative in the corresponding ctDNA specimen. Thus, an agreement of 86% was found between tumor tissues and ctDNA.

## Discussion

Knowledge of genetic background helps in selecting an individual approach to metastatic colorectal cancer treatment, including targeted biological therapy. However, primary tumor tissue is not always available, and could be of insufficient quality, or could have been obtained a long time before the metastases were diagnosed. Moreover, several reports have indicated the status of somatic mutations in metastases changes in the course of therapy as a result of tumor heterogeneity, clonal expansion, and selection (16, 17). These changes are responsible for acquired resistance developing within a few months (18). Since invasive and painful biopsies of metastatic tissue are often difficult to obtain, ctDNA testing, available at any disease stage, seems to be a good alternative for analyzing mutations during the follow-up period.

One aim of this study was to increase the efficiency of the ctDNA extraction process, when using 2–3 mL of blood or 750 µL of plasma, respectively, is used. Larger blood collections during the follow-up period of metastatic patients are sometimes difficult to obtain. There are a lot of manufacturers providing commercial products for cfDNA extraction and purification. We examined two of them based on the manual spin technology with (QIAamp DSP Virus Spin Kit) or without the addition of carrier molecules (NucleoSpin Plasma XS Kit), and with a protocol that uses paramagnetic separation beads (Agencourt Genfind v2 Kit). The results were compared to the QIAamp DNA Mini Kit, a universal and robust extraction product used in clinical labs for over fifteen years. For the evaluation, quantitative real-time PCR analysis was preferred to the spectrophotometric and fluorometric measurements that often result in interference

of carrier polynucleotide chains and overestimation of low-copy DNA molecules.

Mouliere et al. reported that more than 80% of ctDNA fragments in the plasma of metastatic patients were shorter than 145 bp, with a large proportion of the ctDNA fragments <100 bp (19, 20). Our results revealed that the NucleoSpin Plasma XS process is highly effective for ctDNA fragments in the size range of 75–200 bp, despite the fact that no carrier molecules are used in it. The mean concentration of extracted ctDNA was 448 ng/mL. It corresponded to almost 68,000 GE/mL and agreed with previous studies (7, 19–21).

Next, we studied how the addition of various carrier molecules affects the extraction efficiency. The QIAamp DNA Mini Kit instructions recommend using carrier DNA for extractions of low copy number DNA (<10 000 GE/mL), although the carrier DNA is not included in the kit. In other Qiagen products, carrier RNA molecules are included and used regardless of the ctDNA amounts expected in the specimen. Shaw et al. previously showed that for maximum improvement of the DNA yield, the ideal ratio of carrier RNA to DNA was between 10:1 and 50:1; ratios outside this range do not enhance DNA recovery as successfully (22). We added 4 µg of polyadenylic acid into 750 µL of plasma (ratio 12:1) before the NucleoSpin extraction process, thus increasing the ctDNA yield in eluates.

The addition of poly(A) carrier RNA but not glycogen previously increased the recovery of automated silica-based extractions (BioRobots EZ1 and BioRobots M48, Qiagen) by an average of 24% (23). In another paper, a five-fold increased recovery was obtained in DNA extractions carried out on silica-based monoliths within a microfluidic device when poly(A) carrier RNA was added to the chaotropic salt solution (22). However, the Qiagen carrier RNA added into the plasma specimens of our patients in a ratio of 50:1 (RNA:ctDNA) had no effect on the NucleoSpin ctDNA recovery. Not only the proper carrier RNA:ctDNA ratio but also the length of poly(A) chains and their folding in space probably play an important role in the extraction process.

The remaining carriers reduced the final ctDNA amounts. Cheung et al. reported that the addition of yeast tRNA or salmon sperm DNA prior to purification by silica particles resulted in significantly decreased recovery of HCV RNA from sera (24). Thus, glycogen, linear acrylamide, yeast tRNA, salmon sperm DNA, or herring sperm DNA, are not suitable substances to improve yields of commercial silica-based extraction procedures. On the other hand, when used as co-precipitants, they can facilitate recovery of the target DNA molecules in the phenol/chloroform extraction from eukaryotic or prokaryotic cells (25).

For NGS, we used a Multiplicom Somatic 1 Master Kit manufactured for FFPE tumor tissue DNA analysis. To our best knowledge, this is the first study that uses the kit for ctDNA testing. We took into account similar properties of FFPE DNA and ctDNA. Clear and sensitive results were obtained from all the tested ctDNA specimens. The total number of plasma ctDNA mutated in *KRAS* or *BRAF*

reached 19%; the concordance of the ctDNA with FFPE results was 86%. Similar discrepancies have been previously reported (14, 26, 27). A lower than expected frequency of the mutated tissue specimens (28) could be explained by the small number of specimens in the study, by the elevated mortality rate of the subjects with more aggressive types of mutations, or by other reasons. No mutations were found in the *NRAS* gene. This finding corresponds to the generally low prevalence of *NRAS* mutations in colon tumors (29).

A lot of somatic mutations exist in other genes (*PTEN*, *EGFR*, *PIK3CA*, *ERBB2*, *PIK3RI*, etc.) in colorectal cancer. Although commercial kits for NGS analysis are currently available, their clinical use for predictive testing is not yet obligatory. Similarly, the clinical importance of determining these mutations in ctDNA has not yet been demonstrated.

## Conclusions

In conclusion, testing somatic mutations in ctDNA seems to be a promising tool to monitor dynamically changing genotypes of tumor cells circulating in the body, and causing disease relapse. The optimized process of ctDNA extraction should help to obtain more reliable data on *KRAS*, *BRAF*, *NRAS*, and several other genes when using NGS and/or other molecular techniques in patients with metastatic colorectal cancer. We believe that our work would contribute to better standardization of the pre-analytical phase of ctDNA analysis, and to a broader use of ctDNA in clinical practice.

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## Effect of Intramuscular Injection on Oxidative Homeostasis in Laboratory Guinea Pig Model

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**Summary:** In animal models, there was observed alteration of various physiological processes caused by microtraumas. Here reported experiment was aimed on the research of link between injection and development of an oxidative imbalance. Laboratory guinea pig was chosen as a suitable model for examining of the oxidative stress.

Markers indicating oxidative homeostasis were assayed in the frontal, temporal and occipital brain lobe, cerebellum, liver, kidney, spleen and heart one hour after an intramuscular injection. Common biochemical parameters were measured in plasma samples as well.

The most extensive effect was observed in the heart where the thiobarbituric acid reactive substances value was more than twice increased after the injection. The level of carbonylated proteins was significantly elevated in the kidney and ferric reducing antioxidant power value was increased in the brain compartments. The enzyme activities in the organs were not influenced except the activity of superoxide dismutase, which was moderately decreased in the brain. In the plasma samples, there was observed increase of the blood urea nitrogen.

The results showed significant the influence of the intramuscular injection on a development of an oxidative insult. The injection can be considered as an adverse effect with quite extensive stress consequences.

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**Keywords:** Injection; Oxidative stress; Antioxidant; Microtrauma; Animal model

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### Introduction

Owing to many scientific reports, oxidative stress plays an important role in pathogenesis of various diseases (neurodegenerative disorders, cardiovascular diseases, cancer), in the processes linked to ageing and in adverse effects of some drugs (1–4). Ferric reducing antioxidant power (FRAP), thiobarbituric acid reactive substances (TBARS), carbonylated proteins, superoxide dismutase (SOD) activity and glutathione reductase (GR) activity are markers indicating oxidative stress and oxidative homeostasis (5). The markers are often used for demonstration of detrimental or beneficial effects of various substances to laboratory animal models (6–8).

Guinea pig (*Cavia porcellus*) is not able to synthesize ascorbic acid, which ranks among the most important low molecular weight antioxidants. That is the main reason why guinea pig is widely used laboratory model for examining of the oxidative stress (9–11). The inability to produce endogenous ascorbic acid makes results from guinea pigs

extrapolatable to humans (12–14). Except the inability to synthesize vitamin C there are other similarities like a similar response of lipid metabolism to dietary intervention (15).

Small rodents, including guinea pigs, are very sensitive to a way of handling and to living conditions. Stress caused by manipulation or inconvenient housing may lead to alteration of results in separate experiments. E. g., presence or an absence of huts can significantly influence a level of stress hormones in laboratory guinea pig (16).

However, psychical stress affects more processes than the secretion of stress hormones. In laboratory animals, experimentally induced stress elicits tachycardia and rise of body temperature (17, 18). Transient increase of body temperature after a stress stimulus is called stress-induced hyperthermia and it was observed in multiple laboratory animals. Measuring of the stress induced hyperthermia is a standard test for recognizing psychical stress in animals. After injection, a complication for example in testing of anxiolytic drugs was observed (19, 20). Alteration of various physiological processes caused by the injection stress was

noticed in small laboratory rodents. Renaud et al. (21) observed facilitation of learning caused by adolescent injection stress in laboratory rat model. On the other hand, no significant alterations in behavior and in hematologic parameters and no elevation of fecal corticosterone level were found in mice undergoing multiple intraperitoneal injections (22).

Despite knowledge about injection stress, studies focused on the implication of the injection in the oxidative homeostasis have not been done yet. The objective of our experiment was to confirm or exclude implication of intramuscular injection (which is a common way of drug administration in experiments on laboratory animal models) in the markers of oxidative stress levels.

## Material and methods

### *Animal exposure, sample collecting and sample preparation*

The experiment was permitted and supervised by the Ethical Committee of the Faculty of Military Health Sciences, University of Defence, Hradec Králové, Czech Republic.

The male guinea pigs were purchased from the Velaz Company (Prague, Czech Republic). They were at the age of three months and their body weight was  $250 \pm 10$  g. The animals were kept in the experimental facility ( $22 \pm 2$  °C,  $50 \pm 10\%$  humidity, 12 hours light period per a day) and they were fed by a common food, supplemented with vitamins including vitamin C, and water *ad libitum*.

The guinea pigs were divided into two groups – injection and control group. Each group consisted of eight specimens. The saline solution in the amount of 100  $\mu$ l per 100 g of body weight was intramuscularly injected into the pelvic limb of the animal in the injection group. The animals in the control group were exposed to the manual handling imitating the condition of the injection.

At the time of 1 hour after the injection, the animals were sacrificed in CO<sub>2</sub>. The blood was collected by cutting carotide into tubes with lithium heparine and centrifuged at  $1,000 \times g$ . Separated plasma was transferred into a new tube, frozen immediately and stored at  $-80$  °C. In a total, the liver, kidney, spleen, heart, cerebellum, frontal, temporal and occipital lobe were collected. After the collection, 100 mg of the tissue was mixed with 1 ml of phosphate buffer saline (Sigma-Aldrich, Saint Louis, USA) and mechanically homogenized by an Ultra-Turrax mill (Ika Werke, Staufen, Germany) for one minute. The homogenates were frozen immediately and stored at  $-80$  °C as well.

### *Markers of oxidative stress and biochemical markers assessment*

FRAP, TBARS, carbonylated proteins, caspase 3 (CASP3), SOD and GR were measured in tissue homogenates and levels of glucose, total cholesterol, HDL cholesterol, triglycerides (TG), blood urea nitrogen (BUN),

creatinine (CRE), total bilirubin, total protein, albumin and activities of aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase (ALP) and lactate dehydrogenase (LDH) were measured in plasma samples.

FRAP is a spectrophotometric method based on reduction of ferric to ferrous ions. Concentration of malondialdehyde was assayed as TBARS by spectrophotometry using thiobarbituric acid. The FRAP and TBARS were done in compliance with reported paper (23). Carbonylated proteins were measured according to the protocol published by Cao & Cutler (24) with minor modifications which are mentioned in references (23). 2,4,6-Tris(2-pyridyl)-S-triazine, ferric chloride (Sigma-Aldrich, Saint Louis, USA) were purchased for FRAP, dimethylsulfoxide, trichloroacetic acid and thiobarbituric acid (Sigma-Aldrich) for TBARS and 2,4-dinitrophenylhydrazine, trichloroacetic acid (Sigma-Aldrich), hydrochloric acid, ethanol and ethyl acetate (Penta, Prague, Czech Republic) for the assay of protein carbonyls.

The GR activity was measured as the Wartburg optical test. The assay was performed as described previously (25). Oxidized glutathione, NADPH, ethylenediaminetetraacetic acid disodium salt dihydrate (Sigma-Aldrich) and phosphate buffer saline were purchased for the measurement. For the SOD and CASP3 activity assessment, the Sigma caspase 3 assay kit and the SOD assay kit (Sigma-Aldrich) were used. The SOD activity in the tissue homogenates was quite high, so it was need for dissolving the samples.

Biochemical parameters in plasma were assessed using an automated analyzer SPOTCHEM TM EZ SP-4430 (Arkray, Japan).

### *Statistical evaluation*

Comparison of the data obtained from the control and injection group was done using one-way ANOVA with Bonferroni test (or Bonferroni correction in some sources). The analysis was processed using the statistical software Origin 8 SR2 (OriginLab Corporation, Northampton, USA).

## Results

The most extensive effect of the injection on stress markers was observed in the heart where the TBARS value was more than twice increased 1 hour after the injection. However, no significant alterations of the TBARS value were found in the other organs. The level of carbonylated proteins was significantly elevated in the kidney one hour after the injection. On the other hand, the other organs had insignificant alteration in the level of protein carbonyls.

The FRAP value was significantly increased in the frontal lobe and in the cerebellum one hour after the injection. In the spleen, there was increased FRAP value as well. However, the increase was not significant. In the other organs including the temporal and occipital lobe, only slight changes in the FRAP value were observed.



Activities of the enzymatic markers in the tissue homogenates were quite stable. One exception was in the temporal and occipital lobe where moderate and statistically significant decrease of the SOD activity was proved. The CASP3 activity in the heart and in all of the brain compartments was too low for measurement by the assay. In other organs, we did not notice any significant change of the CASP3 activity.

In the plasma samples, levels of total and HDL cholesterol forms and creatinine were not detectable (total cholesterol below 1.3 mmol/l, HDL cholesterol below 0.26 mmol/l and creatinine below 27  $\mu$ mol/l). Biochemical test proved statistically significant alteration in BUN level. The marker was elevated from  $4.78 \pm 0.29$  mmol/l (control group) to  $7.92 \pm 0.44$  mmol/l (1 hour after the injection). The other

**Tab. 1:** Ferric reducing antioxidant power (FRAP), thiobarbituric acid reactive substances (TBARS) and carbonylated proteins in tissue samples  $\pm$  standard errors of mean.

Assay	FRAP [ $\mu$ mol/g]		TBARS [ $\mu$ mol/g]		carbonylated proteins [ $\mu$ mol/g]	
	control	injection	control	injection	control	injection
liver	$2.58 \pm 0.14$	$1.86 \pm 0.31$	$0.177 \pm 0.007$	$0.185 \pm 0.017$	$0.323 \pm 0.008$	$0.362 \pm 0.033$
kidney	$1.96 \pm 0.14$	$1.84 \pm 0.20$	$0.240 \pm 0.018$	$0.205 \pm 0.007$	$0.259 \pm 0.015$	$0.327 \pm 0.006^{**}$
spleen	$1.90 \pm 0.12$	$2.45 \pm 0.19$	$0.102 \pm 0.012$	$0.0732 \pm 0.0085$	$0.249 \pm 0.020$	$0.235 \pm 0.018$
heart	$0.376 \pm 0.017$	$0.484 \pm 0.062$	$0.0738 \pm 0.0036$	$0.189 \pm 0.008^{**}$	$0.266 \pm 0.019$	$0.249 \pm 0.020$
frontal lobe	$0.262 \pm 0.015$	$0.336 \pm 0.007^{**}$	$0.295 \pm 0.013$	$0.291 \pm 0.007$	$0.249 \pm 0.017$	$0.269 \pm 0.010$
temporal lobe	$0.260 \pm 0.016$	$0.273 \pm 0.013$	$0.305 \pm 0.015$	$0.323 \pm 0.017$	$0.284 \pm 0.018$	$0.228 \pm 0.022$
occipital lobe	$0.225 \pm 0.011$	$0.215 \pm 0.025$	$0.253 \pm 0.012$	$0.261 \pm 0.011$	$0.253 \pm 0.011$	$0.257 \pm 0.015$
cerebellum	$0.184 \pm 0.013$	$0.252 \pm 0.005^*$	$0.273 \pm 0.013$	$0.292 \pm 0.027$	$0.256 \pm 0.015$	$0.265 \pm 0.015$

\*  $p < 0.05$ , \*\*  $p < 0.01$ , n = 8 specimens in each group

**Tab. 2:** Glutathione reductase (GR), superoxide dismutase (SOD) and caspase 3 (CASP3) in tissue samples  $\pm$  standard errors of mean.

assay	GR [nkat/g]		SOD [nkat/g]		CASP3 [pkat/g]	
	control	injection	control	injection	control	injection
liver	$103 \pm 7$	$126 \pm 4$	$275 \pm 0$	$274 \pm 0$	$52.8 \pm 7.1$	$46.0 \pm 4.1$
kidney	$115 \pm 5$	$116 \pm 3$	$267 \pm 1$	$267 \pm 2$	$28.1 \pm 4.1$	$26.8 \pm 4.1$
spleen	$53.5 \pm 4.8$	$76.2 \pm 3.8$	$206 \pm 3$	$208 \pm 3$	$69.4 \pm 14.9$	$62.4 \pm 8.8$
heart	$18.0 \pm 0.9$	$17.9 \pm 2.2$	$161 \pm 3$	$161 \pm 5$		
frontal lobe	$63.4 \pm 2.8$	$66.2 \pm 5.4$	$205 \pm 2$	$200 \pm 4$		
temporal lobe	$62.4 \pm 7.8$	$62.5 \pm 4.1$	$216 \pm 4$	$196 \pm 5^{**}$		
occipital lobe	$68.7 \pm 8.9$	$57.8 \pm 4.6$	$205 \pm 2$	$188 \pm 7^{**}$		
cerebellum	$42.0 \pm 5.9$	$62.0 \pm 7.8$	$232 \pm 2$	$223 \pm 2$		

\*\*  $p < 0.01$ , n = 8 specimens in each group

**Tab. 3:** Biochemical marker assesment in plasma samples  $\pm$  standard errors of mean. Abbreviations used in the table: AST – aspartate aminotransferase; ALT – alanine aminotransferase; LDH – lactate dehydrogenase; ALP – alkaline phosphatase; BUN – blood urea nitrogen; T-pro – total plasma protein; Alb – albumin; T-bil – total bilirubin; TG – triglycerides; GLU – glucose.

Assay	Control	Injection	Assay	Control	Injection
AST [ $\mu$ kat/l]	$2.03 \pm 0.35$	$1.31 \pm 0.41$	T-Pro [g/l]	$39.8 \pm 0.8$	$44.2 \pm 2.0$
ALT [ $\mu$ kat/l]	$0.738 \pm 0.064$	$0.817 \pm 0.061$	Alb [g/l]	$20.7 \pm 0.2$	$20.7 \pm 1.3$
LDH [ $\mu$ kat/l]	$12.1 \pm 3.45$	$4.88 \pm 1.25$	T-Bil [ $\mu$ mol/l]	$5.67 \pm 0.33$	$5.67 \pm 1.28$
ALP [ $\mu$ kat/l]	$5.39 \pm 0.47$	$4.25 \pm 0.22$	TG [mmol/l]	$0.403 \pm 0.081$	$0.362 \pm 0.041$
BUN [mmol/l]	$4.78 \pm 0.29$	$7.92 \pm 0.44^{**}$	GLU [mmol/l]	$9.02 \pm 0.18$	$7.83 \pm 0.25$

\*\*  $p < 0.01$ , n = 8 specimens in each group

biochemical markers assessed in the plasma were altered in a very low scale, except the AST and LDH activity, which were quite noticeably but not significantly declined – AST from  $2.03 \pm 0.35 \mu\text{kat/l}$  (control group) to  $1.31 \pm 0.41 \mu\text{kat/l}$  (1 hour after the injection) and LDH from  $12.1 \pm 3.45 \mu\text{kat/l}$  (control group) to  $4.88 \pm 1.25 \mu\text{kat/l}$  (1 hour after the injection). Experimental data are summarized in tables 1 (oxidative stress markers), 2 (specific enzymatic markers) and 3 (biochemical markers).

## Discussion

The TBARS value informs about a level of malondialdehyde which signifies lipid peroxidation and so oxidative damage of cell membranes (6, 26–28). In a similar way, protein carbonyls are products of an irreversible oxidative modification of proteins (6, 26, 29, 30). From the elevated TBARS value in the heart and the content of carbonylated proteins in the kidney of guinea pigs exposed to the injection stress, we can infer that the heart and kidney tissue were injured by the oxidative stress. These findings are in compliance with the observation of Reis et al. (31), who stated that psychological stress can contribute to the elevation of reactive oxygen, nitrogen and sulphur levels in the laboratory guinea pig model. However, other tissues seem to be more resistant to oxidative stress.

FRAP level corresponds to the concentration of the low molecular weight antioxidants (9). As the FRAP level was elevated, we judge that the injection stress caused activation of the antioxidant system in the cerebellum and the in the frontal lobe.

GR and SOD are enzymes participating in the antioxidant defense of the organism. GR catalyzes regeneration of reduced glutathione from its oxidized form. The task of SOD is to accelerate the transformation of superoxide anion, into hydrogen peroxide. Their increased activity occurs when the oxidative stress in the organism rises. On the other hand, when the oxidative stress is too high and the capacity of the antioxidant system is depleted, the activity of SOD and GR can decrease as well (6). We found slightly decreased SOD activity in the temporal and the occipital lobe. The results were quite surprising, because no other marker signs the oxidative stress exceeding the capacity of the antioxidant system in the temporal and occipital lobe. For the reason, depletion in the SOD level is not well understood.

CASP3 is an enzyme participating in the apoptotic cascade. Its activation is, besides other processes, directly linked to the oxidative stress caused by mitochondrial failure (32). As the CASP3 activity was not elevated in any of the examined organ, we infer that injection stress did not lead to the apoptosis.

The results of the plasma biochemical markers' assay were influenced by the injection stress as well. The BUN level was nearly twice increased one hour after the injection. The similar effect is often described in relation to the

muscle injury caused by the intramuscular injection (33), to the kidney malfunction (34) or to the acute-phase proteins production (35). Owing to the selected biochemical markers indicating tissue damage, we demonstrated that the micro-traumatic injury probably does not play a crucial role as both AST and LDH were not increased. Unfortunately, the assays were followed by quite extensive differences indicating high inter-individual variability. If the muscle is seriously injured by the injection, the LDH activity will raise. The kidney is relatively susceptible to the oxidative damage which can be manifested by the increase of BUN (36). As was mentioned above, the kidneys of the animals in the injection group showed a marker of the oxidative injury (increased level of protein carbonyls in comparison to the control group). For the reason, the increase of the BUN level is probably linked to the oxidative kidney injury caused by the injection stress.

Rabe (37) established reference ranges for blood chemistry in guinea pigs by the use of a common dry chemistry blood analyzer. Considering the fact, that another analyzer was used for the measurement, the levels of biochemical markers found in the injection as well as the control group corresponded with the published data. Even the described BUN alteration did not deviate from the reference range. However, the difference between groups in BUN level is evaluated as statistically significant.

As was described previously, drug application using an injection is a very stressful moment for small laboratory rodents and the injection stress may alter a homeostasis of an experimental organism in a multiple way (19–21, 38). Our results show, that the oxidative homeostasis could be altered after the injection. The imbalance in oxidative homeostasis is higher when compared to the direct tissue damage indicated by the biochemical markers LDH and AST. Considering extrapolation of the results on humans, we can expect that repeated application of a drug using injection would initiate an oxidative insult even without a manifestation in standard biochemical markers.

In a conclusion, we proved significant link of injection on a development of an oxidative insult. Separate organs can be burdened by an oxidative stress insult shortly after an injection administration. The findings are in compliance with the other experimental works, as mentioned in the introduction. For the reason, it is always necessary to inject an appropriate volume of saline solution or similar solution to animals belonging to a control group. Moreover, the injection can be considered as an insult with quite extensive stress consequences.

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## Transient Splenial Lesion of the Corpus Callosum Related to Migraine with Aura in a Pediatric Patient

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**Summary:** Background: Transient splenial lesions of the corpus callosum are rare radiological findings first described in association with epilepsy, antiepileptic drugs and viral encephalitis. However, subsequently more cases were described associated with diverse clinical conditions. Case report: We describe a 13-year-old girl suffering from migraine with aura presenting with headache, right-sided hemiparesis and encephalopathy. Brain magnetic resonance imaging revealed an ovoid lesion in the splenium of the corpus callosum. The patient's neurological symptoms resolved within 3 days without therapy and the lesion disappeared in follow up magnetic resonance images obtained 3 weeks after the onset of the symptoms. Results: Migraine with aura was considered to be the cause of the lesion. To our knowledge the present case is the first report of a pediatric patient with a diagnosis of migraine with aura presenting with hemiparesis and encephalopathy. Conclusions: A diagnosis of transient lesion of the corpus callosum should be suspected in patients with migraine with aura presenting with hemiparesis and encephalopathy. A mild course and a good prognosis might be expected in the presence of a splenial lesion of the corpus callosum.

**Keywords:** *Transient splenial lesion; Corpus callosum; Migraine with aura; Encephalopathy; Hemiparesis*

### Introduction

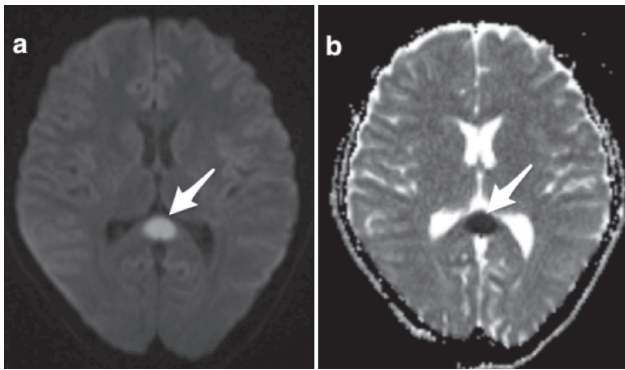
Transient splenial lesions of the corpus callosum are described in association with many diverse clinical conditions including various infections, use or withdrawal of antiepileptic drugs, and hypoglycemia (1–6). The lesion appears as a well-defined hyperintense ovoid lesion in the center of the splenium of the corpus callosum, best observed in diffusion weighted brain magnetic resonance images. The pathology is unclear as well as the specific location of the lesion. This new clinico-radiological entity presents with mild encephalitis/encephalopathy in clinical practice (2). The usual clinical manifestations include disturbance of consciousness, delirium, seizures and headache, which resolve in a couple of days. The lesion itself also disappears in follow-up radiological images (1, 2).

Here we present a pediatric case with a transient splenial lesion of the corpus callosum related to migraine with aura. To our knowledge our patient is the first pediatric case of transient splenial lesion of the corpus callosum related to migraine with aura presenting with encephalopathy and hemiparesis.

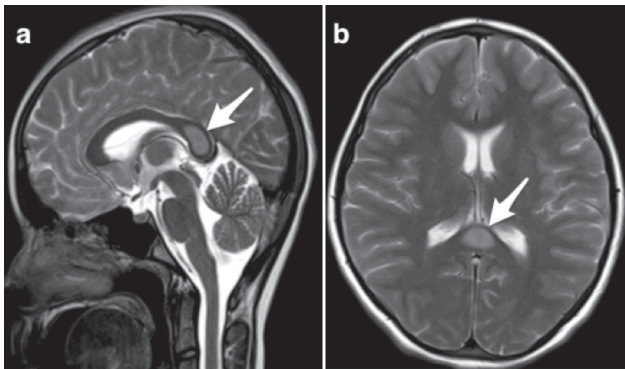
### Case report

A 13-year old girl was admitted with a severe headache, confusion, violent behavior, slurred speech, and right-sided hemiparesis. She first experienced similar but milder attacks of a throbbing headache accompanied by nausea and vomiting following numbness feeling in the lips and slurred speech, which had lasted for 2–3 hours and not complicated with hemiparesis, two months before. At the time, brain magnetic resonance imaging (MRI) and electroencephalography (EEG) were unremarkable. After checking family history it was learned that her mother and her aunt suffer from migraine and the diagnosis of migraine with aura was made according to the criteria of International Classification of Headache Disorders two months before (7). Her parents stated that this last attack was the worst one and the symptoms lasted longer and complicated with loss of muscle strength, personality changes and violent behavior. On admission she was confused. On physical examination she was afebrile. Neurological examination was otherwise unremarkable except for 4/5 muscle strength on the right side of her body. Routine laboratory tests including complete blood count, biochemistry, electrolytes, prothrombin time and partial



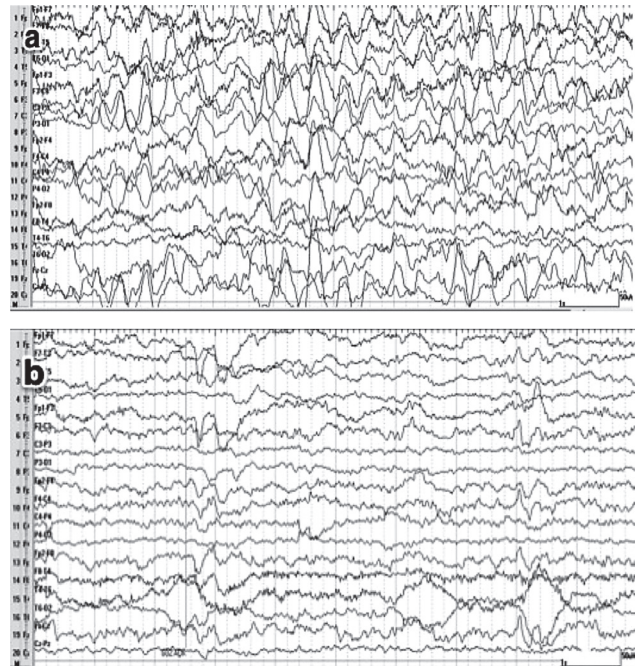


**Fig. 1:** Transient splenial lesion in a pediatric patient suffering from migraine with aura. An axial diffusion weighted magnetic resonance image shows a hyperintense lesion in the splenium of the corpus callosum (a) and corresponding hypointense lesion in apparent diffusion coefficient images (b).



**Fig. 2:** Transient splenial lesion in a pediatric patient suffering from migraine with aura in a sagittal T2 weighted image (a) and in an axial T2 weighted image (b).

thromboplastin time were all normal. C-reactive protein and erythrocyte sedimentation rate were within normal limits. Serum antibody titers to Epstein-Barr virus, Cytomegalovirus, Hepatitis B and C virus and Varicella Zoster virus, Parvovirus B19, Mycoplasma pneumonia, Legionella pneumophila, Chlamydia pneumonia were all normal. A lumbar puncture revealed a normal opening pressure, a normal leucocyte count and normal glucose and protein levels. Brain MRI conducted that day revealed a well-circumscribed ovoid lesion in the splenium of the corpus callosum, hyperintense in diffusion-weighted magnetic resonance images and hypointense in apparent diffusion coefficient images (Figure 1a,b). The lesion exhibited moderate hyperintensity in T2 weighted images (Figure 2a,b). No enhancement was evident after gadolinium administration. Her EEG revealed generalized, high amplitude intermittent slow delta waves prominent on frontal areas, which is consistent with encephalopathy (Figure 3a). Neurological examination revealed normal results about 36 hours after the first neurological symptoms. Follow-up EEG on day 3 showed significant



**Fig. 3:** Electroencephalography of the patient. Global diffuse waves prominent on the frontal areas consistent with encephalopathy (a). Improvement of EEG after 3 days (b).

improvement (Figure 3b). She was discharged 4 days after admission with a completely normal neurological examination. Her follow-up MRI 3 weeks after the first MRI, revealed a complete disappearance of the lesion.

## Discussion

We reported an unusual case of transient splenial lesion of the corpus callosum presenting with encephalopathy and right-sided hemiparesis related to migraine with aura in a pediatric patient. In recent years, a uniform temporary lesion confined only to the splenium of the corpus callosum has been repeatedly reported (1, 3, 8). The typical presentation is a well defined ovoid lesion in the center of the corpus callosum, which is hyperintense on T2 weighted images iso- or hypointense on T1 weighted images with no evidence of contrast enhancement and best observed on diffusion weighted images with low apparent diffusion coefficient values, which indicates restricted diffusion (9). To our knowledge 2 cases of migraine with aura as an associated condition have been reported to date. One of them is an adult patient with sensory aura (9) and the other a 17-year old girl with acephalgic migraine with a visual aura triggered by stimulant containing diet pills (10). None of these two patients presented with encephalitis or hemiparesis.

In a study where 5 patients with transient splenial lesion of the corpus callosum associated with influenza virus infection were presented, one patient had motor deficits explained by additional white matter lesions (3). In another report, an

adult case related to adenovirus infection had right hemiparesis and hemianesthesia; however, no white matter lesions were detected on MRI images (4). The authors have two hypotheses; either a culprit lesion located within the deep white matter above the midbrain, which is not detectable on MRI images or the splenial lesion itself is responsible for the motor and sensory deficit. The authors support the first hypothesis based on the neuroanatomical localization of the lesion; however, they also state that the second option cannot be ruled out entirely, because of a previous report, which described corpus callosum body as being responsible for hemiparesis (11).

The exact pathology of the lesion is still unclear. Until today, many hypotheses have been described to explain the pathophysiology of the splenial lesion such as reversible demyelination probably due to antiepileptic drug toxicity or abrupt stoppage of chronic antiepileptic therapy, which could lead to ischemia and resultant cytotoxic edema (12, 13). Additionally, extrapontine osmotic myelinolysis due to sodium and glucose imbalance, and direct viral invasion have been held responsible for the lesion (14). However, most of the authors support that intramyelinic edema from the separation of myelin layers and inflammatory infiltrate rather than a breakdown of the blood brain barrier or demyelination are responsible for the lesion (1, 3), which explains the reversibility of the diffusion restriction of the lesion. Similarly, the reason for the specific predilection for the splenium of the corpus callosum has not been clarified yet (3).

All the patients' symptoms resolve invariably in a couple of days and the lesion disappears in follow-up MRI studies performed from 3 days to 3 months (15). To our knowledge, the lesion was detected only in 1 case in T2 weighted images over 5 months although decreased in size indicating that it could result in gliosis (15).

### Conclusion

Clinicians should consider transient splenial lesion of corpus callosum in children with known migraine present-

ing with headache, encephalopathy and hemiparesis. A mild course and a good prognosis might be expected based on the reports to date.

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## A rare case of Ganglioneuroblastoma Encapsulated in Pheochromocytoma

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**Summary:** Pheochromocytoma and Ganglioneuroblastoma are separate diseases and a rare combination in which the diagnosis can only be confirmed by pathological examination after tumor excision. We reported here a case of ganglioneuroblastoma encapsulated in pheochromocytoma. The patient is a woman, 73 years old, hypertensive, with hypothyroidism, associated for 15 years with hypercholesterolemia and hypertriglyceridemia, which had frequent complaints of low back pain. She underwent magnetic resonance and the findings were consistent with the diagnosis of pheochromocytoma. After surgery, anatomic, pathologic and immunohistochemistry analysis confirmed the diagnosis of pheochromocytoma composed by small ganglioneuroblastoma representation with the identification of small focus of infiltration of the adrenal capsule and adipose tissue by pheochromocytoma. This rare association can instigate the discussion of methods of diagnosis, more effective and more appropriate treatments for each patient.

**Keywords:** Pheochromocytoma; Ganglioneuroblastoma; Abdominal Neoplasms

### Introduction

Prior to 2000, only six cases of a compound tumor containing Pheochromocytoma and Ganglioneuroblastoma were reported (1–3). In this context, we herein present a rare case of a patient with ganglioneuroblastoma encapsulated in pheochromocytoma.

### Case Report

Woman, white, 76 years old, 68.2 kg, married, born in Codisburgo (MG, Brazil) and living in Contagem (MG), diagnosed with hypertension when she was 66 years old. History of hypothyroidism for 15 years associated with hypercholesterolemia and hypertriglyceridemia. After treatment with common analgesics for several years, the patient persisted with complaints of constant high intensity back pain. Due to noncompliance to conventional medical treatment it was suggested to undertake magnetic resonance image (MRI) of the lumbosacral spine to perform better orthopedic workup. An ovoid structure was detected in the left adrenal gland. Consequently, an additional MRI confirmed the presence of a rounded mass lesion, heterogeneous, clear limits, located on the left adrenal gland, measuring 2.0 × 2.0 cm. There was

important and heterogeneous contrast uptake in the tumor, these results very compatible with a diagnosis of pheochromocytoma. The patient complained of sporadic headaches and dyspnea on exertion, however, she denied dizziness, blurred vision, cold sweats or palpitations. She had been submitted to cardiovascular workup, scintigraphy and coronary angiography for further clarification of atypical chest pain. Nevertheless, coronary atheromatosis was not diagnosed.

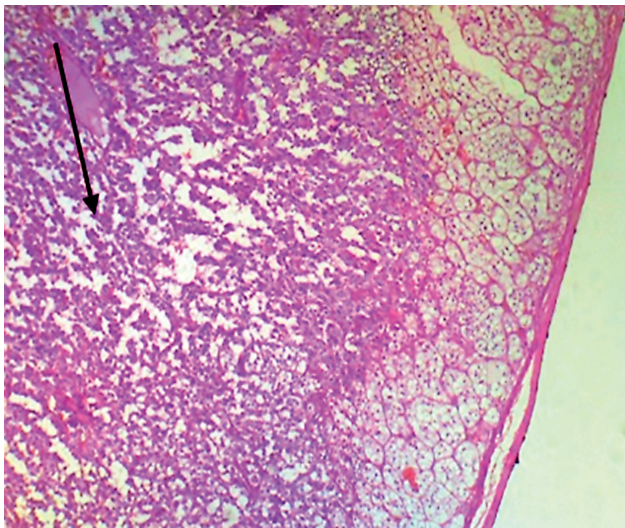
**Tab. 1:** Urinary fractions epinephrine, norepinephrine, dopamine, normetanephrine, metanephrine, free cortisol and vanillylmandelic acid.

Variable	Value	Reference
Epinephrine	33.41 mcg/24h	<20
Norepinephrine	54.72 mcg/24h	<75
Dopamine	216.29 mcg/24h	<400
Normetanephrine	381.60 mcg/24h	90–440
Metanephrine	82.22 mcg/24h	50–340
Cortisol	41.80 mcg/24h	10–90
Vanillylmandelic acid	2.20 mg/24h	<6.8

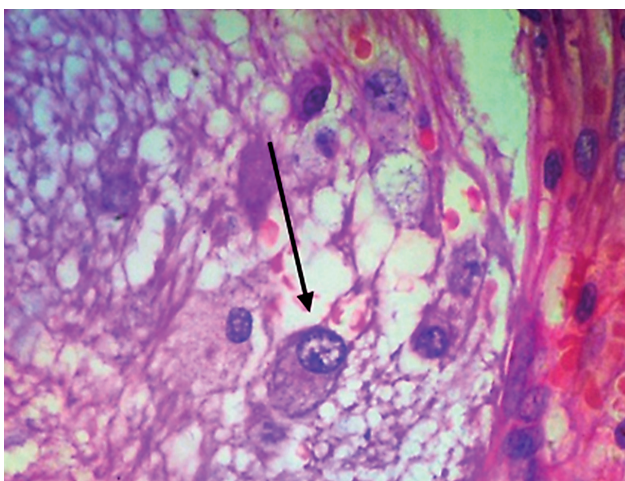


On physical examination the patient was in good general condition, anxious and was typically colored. For the evaluation of the heart, the heart rhythm was regular with normal sounds, heart rate of 64 bpm, blood pressure 130/80 mmHg in the supine position and 120/85 mmHg in standing position. The arterial pulses were rhythmic, symmetrical with excellent amplitude; absence of signals compatible with venous insufficiency.

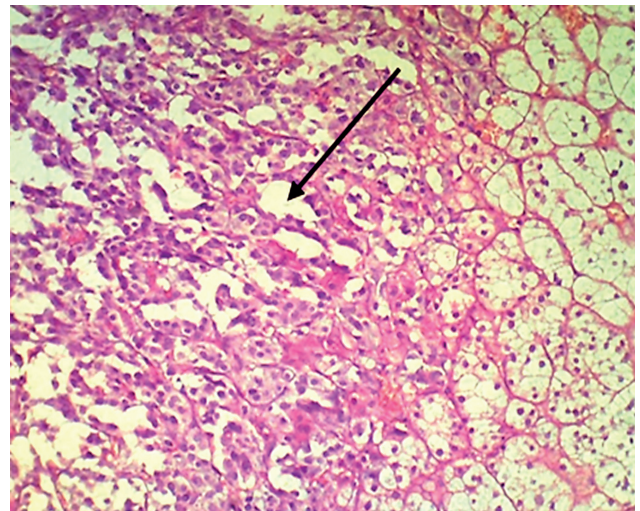
In laboratory tests, the electrocardiogram recorded-regular sinus rhythm with P waves, QRS complexes and normal repolarization. In the echocardiography examination, the size of the left atrium, the ventricular function assessed by ejection fraction and ventricular myocardial thickness



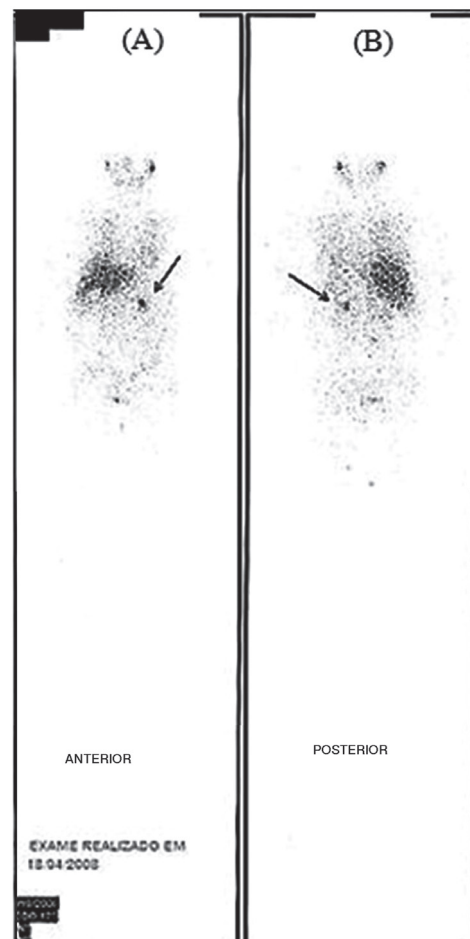
**Fig. 1:** Pre-surgery <sup>131</sup> meta-iodo-benzylguanidine scintigraphy. Optical microscopy showing neoplastic infiltration in the cortex of the adrenal gland.



**Fig. 2:** Optical microscopy showing neural differentiation compatible with neoplasm of the nerve fibers and neurons.



**Fig. 3:** Optical microscopy, at higher magnifications, showing neural differentiation consistent with neoplasia neurons and nerve fibers.



**Fig. 4:** Pre-surgical meta-iodo-benzylguanidine scintigraphy after tumor resection.



(septum and free wall) and ventricular systolic and diastolic volumes were normal.

Catecholamine levels and urinary fractions were performed as epinephrine, norepinephrine, dopamine and urinary fractions, as normetanephrine, metanephrine; free cortisol and vanillylmandelic acid (Table 1).

After implementation the magnetic resonance imaging of the abdomen, abdominal scintigraphy was performed with <sup>131</sup>I meta-iodo-benzylguanidine (MIBG) scintigraphy, which revealed the lesions illustrated in Figure 1, consistent with the presence in the left adrenal gland of pheochromocytoma projection. The diagnosis was confirmed and surgery scheduled.

A tumor infiltration adjacent to the recumbent fat tissue induced subcapsular hemorrhage, in an attempt to resect this tissue it bled and a surgical procedure was necessary.

The preoperative preparation of patients began with prazosin, prescribed in the prior week in order to conduct adrenergic blockade. There was suspension of an antihypertensive drug (atenolol) that was already administered to the patient, but due to recurrence of migraine it had been replaced by the beta blocker metoprolol 25 mg/day. During surgery xyphopubic incision was performed for extended access to the abdominal cavity and planned subtotal adrenalectomy. The adrenalectomy was decided by the surgical team in order to assess more clearly the tumor extension. During surgery the patient presented a hypertensive peak corrected with use of sodium nitroprusside. Furthermore, there was splenic hemorrhage due to infiltration of surrounding tissue by the tumor, and it was necessary to continue to complete a splenectomy. After surgery, she progressed with hypovolemia and anemia, inducing hypovolemic shock, with the need for fluid infusion and transfusion of red blood cells. The histopathological analyzes and immunohistochemistry (Figure 2 and 3) confirmed the diagnosis of pheochromocytoma composed by a small intermediate ganglioneuroblastoma representation with the identification of small focus of infiltration of the adrenal capsule and adipose tissue by pheochromocytoma.

One year following surgery, another MIBG scintigraphy was undertaken, which resulted in no abnormal fixation of the radiopharmaceutical in the whole body extension, excluding tumor recurrence (Figure 4). Currently, five years after surgical treatment she is asymptomatic and without the need for antihypertensive medication.

## Considerations

In this case study a difficulty was reported and it was necessary to administer use of sodium nitroprusside, the drug precursor of nitric oxide that causes vasodilation and systemic venous blood (4). This infusion rapidly reduced blood pressure, reversing the blood pressure elevations, which increase the morbidity and mortality of surgical procedure. Alternatively, the sharp fall in risk of plasma catecholamine levels after tumor resection exposed the patient to a hemodynamic instability, which progressed to hypovolemic shock and death. That is why constant monitoring of blood pressure during surgery is critical in this class of patients.

Composite pheochromocytoma–ganglioneuroblastoma is an extremely rare tumor (1, 6–12), given this unusual association that sparked interest in reporting the case; we confirm its importance to be source of studies and possible new treatments.

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## Abnormal Origin and Course of the Accessory Phrenic Nerve: Case Report

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**Summary:** In the current cadaveric study an unusual sizeable accessory phrenic nerve (APN) was encountered emerging from the trunk of the supraclavicular nerves and forming a triangular loop that was anastomosing with the phrenic nerve. That neural loop surrounded the superficial cervical artery which displayed a spiral course. The form of a triangular loop of APN involving the aforementioned artery and originating from the supraclavicular nerve to the best of our knowledge has not been documented previously in the literature. The variable morphological features of the APN along with its clinical applications are briefly discussed.

**Keywords:** Phrenic nerve; Accessory; Variation; Applications

### Introduction

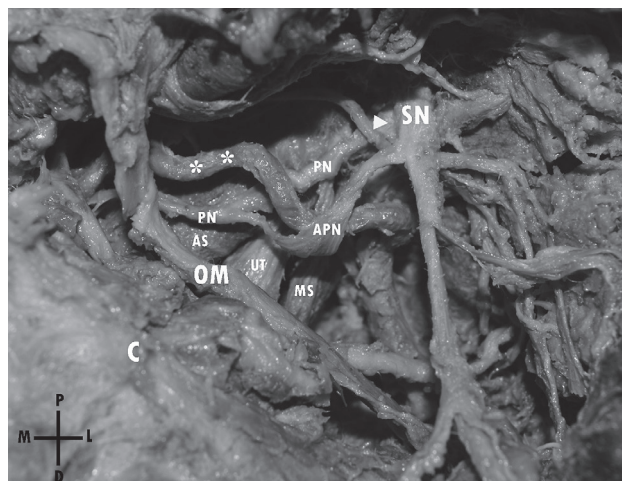
The accessory phrenic nerve (APN) as it is well known constitutes a slender branch arising from the fifth cervical ventral ramus via the nerve to the subclavius, lying lateral to the phrenic nerve (PN) and descending posterior or sometimes anterior to the subclavian vein. Ultimately the APN joins the PN usually near the first rib or beyond the base of the neck inside the thoracic cavity (1, 2). The APN's incidence displays a great variability ranging between 17.6% in German population as reported by Felix in 1922 (3) and 75% (4). Apart from APN's main origin from the nerve to subclavius it can take its origin from other sources such as ansa cervicalis, nerve to sternothyroid, supraclavicular nerve, roots of brachial plexus, spinal accessory or even hypoglossal nerve (5, 6). APN constitutes a relatively neglected neural structure, since much greater attention has been paid to PN's anatomy. The APN is at risk after thoracic surgical procedures, subclavian vessel catheterization, and supraclavicular brachial plexus blocks.

In the current study, we present a very rare variant of the APN, that combines a rare origin from the supraclavicular nerve and an unusual loop around the superficial cervical artery.

### Case report

During routine gross anatomy course dissection, we came across a very rare variant of a neural loop involving an arterial trunk in the cervical region of a 75-year-old formalin-fixed male cadaver, whose cause of death was not related to the current study. After careful removal of the skin, cervical fascia, and sternocleidomastoid muscle, we

encountered an unusual nerve arising from the trunk of the left supraclavicular nerves just after it emerged from the posterior border of the left sternocleidomastoid muscle at a distance of 0.9 cm from Erb's point. Erb originally described this point as "a circumscribed point about 2–3 cm above the clavicle somewhat outside of the posterior border of the sternomastoid muscle" (7). However, we utilized as a landmark the "punctum nervosum" that is situated ap-



**Fig. 1:** Photograph of the left posterior triangle of the neck, where an atypical loop is observed interconnecting the accessory phrenic nerve (APN) with the ipsilateral phrenic nerve (PN). The APN/PN loop is seen surrounding the left superficial cervical artery (asterisks). (SN: supraclavicular nerve, OM: omohyoid muscle, C: clavicle, AS: Anterior scalene muscle, MS: Middle scalene muscle, UT: upper trunk of brachial plexus, P: proximal, D: distal, M: medial, L: lateral).

proximately at the midpoint of the posterior border of the sternocleidomastoid muscle (8). A sizable APN was identified here, which after a short course of 1.6 cm divided into a proximal ascending and a distal descending branch both of which communicated with the left PN proximal to the intermediate tendon of the ipsilateral omohyoid muscle. This triangular neural loop surrounded the left superficial cervical artery (Fig. 1). No other associated anatomical variations or scars from previous surgical procedures were present. The origin, course, and morphology of this neural APN/PN loop and its relationship to the surrounding anatomical structures were photographed during the dissection.

## Discussion

The APN is an inconstant nerve with a highly variable incidence. Its frequency in cadaveric studies was 61.8–65% (from Aycock et al as cited by Kelley) (5, 9). In other studies the incidence ranged from 2.63% (10) to 80.9% (5, 6, 10, 11). Given these figures APN could be regarded as a constant neural element and not a variant (5). A crucial point is the precise APN's definition. Loukas et al decided that all nerves contributing to the PN after it had crossed the anterior scalene muscle would be considered as APN (5). According to Hollinshead's textbook of Anatomy when two parts of the PN exist coursing parallel to each other for a variable distance on the anterior scalene muscle, usually the lower is called APN (12). Banneheka identified the additional contributions to PN passing anterior to the subclavian vein (in 28.7%) as APN, whereas those found passing posterior to the subclavian vein were termed secondary PNs (in 19.8%) (13). As regards its origin, APN usually arises from the nerve to subclavius (45.8–60.6%) and the ansa cervicalis (12.1–16.6%) (5, 6, 14). The APN may also originate from the upper trunk of the brachial plexus, the nerve to sternohyoid, C4 root or the supraclavicular nerve (4–16.6%) (5, 6). Uncommon origins include the hypoglossal, spinal accessory and vagus nerves (5, 14).

APN usually joins the PN within the thorax (67.7%) and not at the root of the neck (32.3%) as is usually reported (5). The loop between the APN and PN may include a vessel, such as the internal thoracic artery, which may complicate harvesting of that artery during coronary artery bypass grafting. Such a loop was detected in 38.4% by Loukas et al (5), whilst Nayak et al found none (6). An APN/PN loop including the subclavian vein was observed in 34.4–45.5% of cases (5, 6). This loop can be damaged during subclavian vein catheterization. An APN/PN loop was observed involving the subclavian artery in 1.11% of cases (6).

An APN/PN loop including the superficial cervical artery as noted in the current study has not documented in the literature to the best of our knowledge. The formation of a neural loop including an artery is an uncommonly detected condition. It has been postulated that with the establishment of the muscular system during embryological development, the nerve pattern becomes fixed and does not adjust itself to

the more variable arteries when they tend to revert to their earlier primate positions. This constitutes an explanation for the condition where a nerve is perforated by an artery (15).

Although PN's lesion during subclavian vein catheterization is well known and established in the literature (16), APN could be damaged during subclavian vein's cannulation especially in cases where it is situated anterior to that vein. Moreover, the APN is vulnerable during supraclavicular exposures performed for thoracic outlet syndrome. It has been reported that permanent or transient diaphragmatic dysfunction after scalenectomy could be due not only to PN's injury but to APN's injury as well (17). The APN's presence can explain the preservation of forced vital capacity even in patients after a supraclavicular block of the brachial plexus (18). The presence of an APN may also explain why bilateral PNs transection may be compatible with life (19).

## Conclusion

The APN may be less of a variant and more of a constant neural structure. A rare origin from the supraclavicular nerve trunk encircling the superficial cervical artery is described.

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